



**Protect them from the:**

**PAIN.  
FEVER.  
CHILLS.  
MISERY.**

**Make sure your child gets the flu vaccine today.**

**Call 311 or text "FLU" to 877877 or go to [nyc.gov](http://nyc.gov) and search "FLU" to find out where you can get the vaccine.**

Message and data rates may apply. Text **STOP** to quit, **HELP** for more information. For Terms of Use and Privacy Policy, visit [nyc.gov/health](http://nyc.gov/health).



Bill de Blasio  
Mayor  
Mary T. Bassett, MD,  
MPH  
Commissioner





**Avoid the:**

**PAIN.  
FEVER.  
CHILLS.  
MISERY.**

**Get the flu vaccine today.**

Call 311 or text "FLU" to 877877 or go to [nyc.gov](http://nyc.gov) and search "FLU" to find out where you can get the vaccine.

Message and data rates may apply. Text **STOP** to quit, **HELP** for more information. For Terms of Use and Privacy Policy, visit [nyc.gov/health](http://nyc.gov/health).

**NYC**  
Health

Bill de Blasio  
Mayor  
Mary T. Bassett, MD,  
MPH  
Commissioner



# metro

NEW YORK CITY NO. 1 FREE DAILY IN THE US

Monday, October 19, 2015 [www.metro.us](http://www.metro.us) | t: MetroNewYork | f: MetroNewYork



## 'EX' MARKS THE SPOT

"Crazy Ex-Girlfriend" star Rachel Bloom wins our hearts. 24

Alan Alda takes on war once more. 23

Mets continue trek to reach World Series. 31

**BOTOX BY BOARD CERTIFIED  
PLASTIC SURGEONS**

**BOTOX® Cosmetic**

Forehead Lines  
Frown Lines  
Eyebrows Lift  
Crows Feet  
Under Eye Lines  
Bunny Lines

NY's  
#1  
Cosmetic  
Center

**\$199 for 20cc of Botox**  
It's the smoothest deal ever!

Offer Expires 10/31/2015

**For All Your Beauty Needs**

200 Madison Ave, Suite 2201  
NY, NY 10016

**212-683-2530**

**We Can't Wait To See  
The NEW You!**

# GIANT PAIN

Eli Manning and the banged-up Giants take on the Eagles tonight in Philly in a key NFC East showdown. 32

## #RaiseTheWage

Raising the minimum wage lifts up all New Yorkers. Join the bank that fights for working families. Learn more at [amalgamatedbank.com](http://amalgamatedbank.com). [t](#) [f](#)

© 2015 Amalgamated Bank. All rights reserved. Member FDIC. Equal Opportunity Lender.

 **amalgamated  
bank**  
bank with purpose™

## ZOMBICON SHOOTING

**1** A shooting at a Florida Zombicon event killed one person and injured four others, the Fort Myers Police Department said on Sunday in a social media post. Police asked attendees to share smart-phone video from the incident at an event expected to draw more than 20,000 people. **REUTERS**



## SANAFI AL-NASR KILLED

**2** A U.S.-led coalition air strike has killed Sanafi al-Nasr, a Saudi citizen and the leading financier for al Qaeda and its Khorasan Group offshoot, the Pentagon said on Sunday. The Pentagon said al-Nasr had organized routes for new recruits to travel from Pakistan to Syria through Turkey and played a significant role in the group's finances. He was killed in an air strike on Thursday in northwest Syria, it said. Al-Nasr worked for al Qaeda's Iran-based network before taking charge of the militant group's finances in 2012. **REUTERS**

## FIVE MIGRANTS DROWN

**3** Five people, including a baby and two children, drowned and one was missing in two separate incidents of migrants trying to reach Greece from nearby Turkey on Sunday. The service said a sailboat early on Sunday reported it had recovered the body of a baby and had rescued 11 migrants off the Kastellorizo island. **REUTERS**



## VEGETARIAN FESTIVAL

**7** Devotees of the Chinese Bang Neow Shrine carry an idol on a palanquin as firecrackers explode during the annual Vegetarian Festival in the southern Thai town of Phuket on October 18, 2015. During the festival, which begins on the first evening of the ninth lunar month and lasts nine days, religious devotees slash themselves with swords, pierce their cheeks with sharp objects and commit other painful acts to purify themselves, taking on the sins of the community. **GETTY IMAGES**



ALL PHOTOS GETTY IMAGES

## MERKEL IN A BIND

**4** German Chancellor Angela Merkel offered Turkey financial aid and the prospect of faster progress on its bid to join the European Union on Sunday in return for badly-needed help in stemming the flow of migrants to Europe. Merkel said Germany could help accelerate the path to visa-free travel to the EU for Turks. **REUTERS**



## VEHICLES MIRED IN MUD

**5** Crews reopened a key portion of a major California highway closed when flash floods sent a torrent of mud and debris onto the roadway, trapping dozens of motorists, officials said. All lanes of Interstate 5, which runs from Mexico to Canada, were reopened, the California Highway Patrol said. Two major roadways were closed on Thursday when flash floods hit parts of the state. Forecasters warned of possible thunderstorms that could trigger more flash floods going into the weekend. **REUTERS**

## EGYPT'S ELECTION

**6** Egyptians turned out in low numbers on Sunday to vote in the first phase of an election hailed by President Abdel Fattah al-Sisi as a milestone on the road to democracy but shunned by critics who say the new chamber will rubber stamp his decisions. **REUTERS**





## WE KNOW THE MOMENTS...

The ones that define us  
and give meaning to our lives.

The moments that make us breathe deeply  
and then take our breath away...

the ones when having our health  
makes everything possible.

## This is what we're made of.

At Fidelis Care, we provide quality, affordable  
health coverage for children and adults of all  
ages and at all stages of life.

### Compassion. Commitment. Community.

And a mission to always care for you  
and the ones you love –  
moment by moment.



**FIDELIS CARE®**

Quality health coverage. It's Our Mission.

### Estimate Costs:

It only takes a minute to view product choices and estimate costs with the Fidelis Affordable Care Advisor at [fideliscare.org/enroll](http://fideliscare.org/enroll)

### Meet with a Representative:

Call 1-888-FIDELIS to meet with a Representative or visit [fideliscare.org/offices](http://fideliscare.org/offices) to find a community office close to you

**1-888-FIDELIS (1-888-343-3547)**

TTY: 1-800-421-1220

**[fideliscare.org](http://fideliscare.org)**



The Official Health Plan Marketplace

To learn more about applying for health insurance, including Child Health Plus and Medicaid through NY State of Health: The Official Health Plan Marketplace, visit [www.nystateofhealth.ny.gov](http://www.nystateofhealth.ny.gov) or call 1-855-355-5777.

## BRIEFS

**Cops look for man tied to Queens woman found dead in bathtub**

Investigators want to track down a man for questioning in the death of a Queens woman who died on Saturday after she was found with severe burns in a bathtub.

Authorities are on the lookout for Carlos Leon, also known as Carlos Alvarado, the victim's husband.

Police said Miriam Velez-Samayoa, 28, was killed in her

Jamaica apartment on 90th Avenue early Saturday.

Officers and emergency personnel arrived at around 4:04 a.m. to calls of a possible assault in progress when they found Velez-Samayoa in her bathroom with severe burns across her entire body after being set on fire.

Paramedics declared Velez-Samayoa dead at the scene.

It was unclear whether she died before or after the

fire was set; the city's medical examiner's office was still determining the exact cause of Velez-Samayoa's death.

The Daily News reported that Velez-Samayoa and Leon planned on going to Guatemala to visit Velez-Samayoa's mother, and that Leon might already be on a flight out of the country, although it's unclear if he boarded the scheduled flight.

CHESTER SORIA



NYPD



MILES DIXON

## Warm temps after NYC cold snap

Last night's low temps were "well below normal."



CHESTER SORIA  
@chestersoria  
chester.soria@metro.us

New Yorkers survived the coldest night of the season so far only to wake up to still unseasonably chilly weather.

With temperatures hitting the low 30s overnight, most of Monday is expected to stay in the low 50s.

Joe Pollina of the National Weather Service noted the cold as "well below normal," with temperatures across the city typically falling to the low 60s this time of year.

But folks across the five boroughs can proba-

bly put the heavy jackets and gloves away come Tuesday and the days following, when Pollina said temperatures will likely hit the high 60s and possibly low 70s.

While New York City was immune from any reports of snow, the National Weather Service confirmed that parts of Long Island reported seeing snow flurries as it issued a freeze warning.

And as atypically warm as New York will be come Tuesday, Pollina said sweater weather isn't quite gone yet.

"But we have the rest of fall and all of winter left to go," he said.

Flurries also reached parts of Massachusetts, including the Boston area, which saw more than 110 inches of snow fall last winter.

*"We have the rest of fall and all of winter left to go."*

Pollina



MILES DIXON

## NOW is the time to take care of YOUR BODY!

<input checked="" type="checkbox"/> Varicose Veins	<input checked="" type="checkbox"/> Heaviness
<input checked="" type="checkbox"/> Leg Ulcers	<input checked="" type="checkbox"/> Swelling
<input checked="" type="checkbox"/> Spider Veins	<input checked="" type="checkbox"/> Itching
<input checked="" type="checkbox"/> Pain/Burning	<input checked="" type="checkbox"/> Fatigue
<input checked="" type="checkbox"/> Restlessness	<input checked="" type="checkbox"/> Cramping

**Frustrated with previous treatments, services and poor results?**  
**Trust the doctor that cares about you!**

- Personal & discrete care delivered directly Ronald Lev, MD
- Certified by the American Board of Venous and Lymphatic Medicine and the American Board of Anesthesiology
- No downtime
- 15 minute minimally invasive procedures
- Consistently ranked #1 Vein Doctor in NYC by our patients

**Tired of long diets, juice cleanses & lotions?**  
**Smart Lipo Laser Body Countouring**  
**GET RID OF...**

- ☒ Body Fat
- ☒ Sagging Arms
- ☒ Double Chin
- ☒ Cellulite & more

**ADVANCED VARICOSE VEIN TREATMENTS OF MANHATTAN**  
TreatmentsOfManhattan.com  
DRLEV@TREATMENTSOFMANHATTAN.COM  
111 John St, Ste 1450 (bet Cliff & Pearl St), New York, NY 10038

# 212.204.6501

**Most Vein Treatments Covered by Major Health Insurances including Medicare**

**EVENING APPOINTMENTS AVAILABLE!**  
(Hebammen Español)



# Win-Win Divorce Solutions, LLC

**We aggressively fight to win our clients' divorce, support, and custody cases**

Let our devoted team of attorneys provide you with the best, affordable legal advocacy to succeed in your divorce goals, while also protecting your **hard earned financial interests and the interests of your children.**

**855-268-4946** Affordable • Aggressive • Successful



Our firm has worked with a wide range of clients, including athletes in the NBA, actors in NBC Studios, and politicians.

- **DIVORCE LITIGATION**
- **Child Custody**
- **Child Support**
- **Spousal Support**
- **Property & Asset Distribution**
- **Prenuptial & Postnuptial Agreements**
- **Separation Agreements**
- **Geographic Relocation**
- **Mediation**

Our firm **uniquely** employs **attorneys and M.B.A.'s** to expertly handle your **financial and business interests.**

Our firm **costs 50% LESS** than many other divorce law firms.

For your **luxury**, after every case, we send **all** our clients on a **FREE TRIP** to the beautiful **Fontainebleau Hotel in Miami Beach.**

## NYC Office

The Random House Tower  
1745 Broadway, 17th Floor  
New York, NY 10010

**Ph: 855-268-4946**

## Long Island Office

1979 Marcus Avenue  
Suite 210  
Lake Success, NY 11042

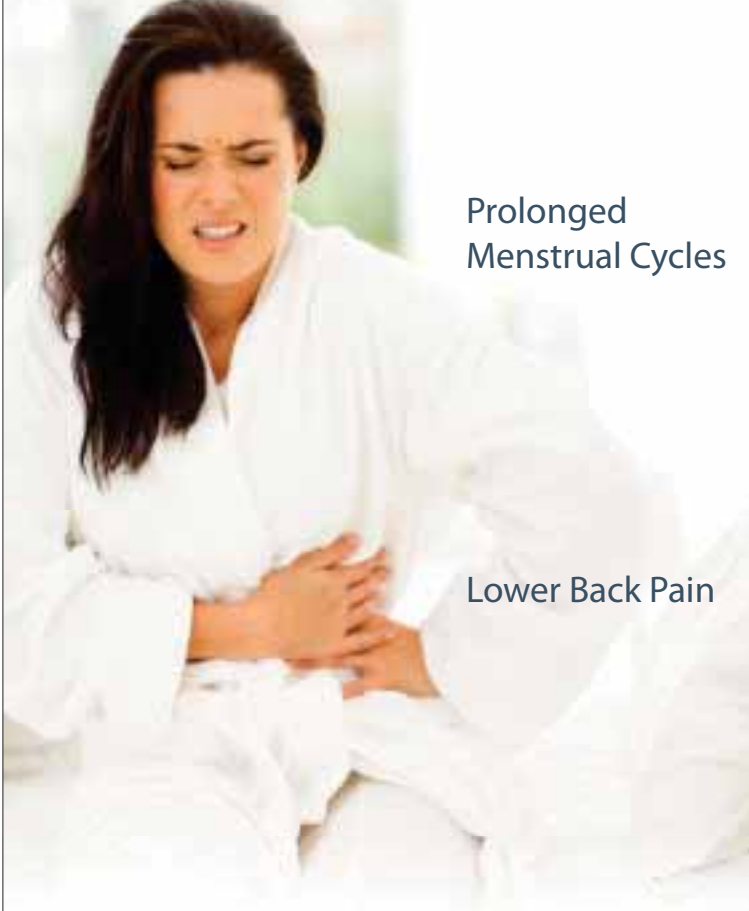
**Ph: 516-960-7667**

We provide our clients with a **FREE IPAD** so that we can always be there to communicate with you.



**LitigateandWin.com**

# Fibroids?



Prolonged  
Menstrual Cycles

Lower Back Pain

*Uterine fibroids (Myoma or Leiomyoma) are very common and treatable. 1 in 5 women experience fibroids during their child bearing years, and about 80% will have fibroids before the age of 50.*

## Do you have any of these symptoms?

- ☒ Bleeding between periods
- ☒ Heavy bleeding during periods
- ☒ Abnormally long periods
- ☒ Frequent urination
- ☒ Pelvic pain and pressure
- ☒ Pressure in your lower abdomen
- ☒ Pain during intercourse

*Uterine Fibroid Embolization treatment at USA Vascular Centers can shrink fibroids up to 50% within 3-6 months. Treatment is a minimally invasive, non-surgical outpatient procedure with a short recovery and no hospitalization.*

**Don't wait- call now to schedule your consultation**

# (718) 690-3048

**USA V**  
VASCULAR  
CENTERS

www.USAVascularCenters.com

2444 86th St, Ste A  
Bensonhurst, NY 11214  
260 W Sunrise Hwy, Ste 102  
Valley Stream, NY 11581

## Kidsfest arts program in Red Hook

Kidsfest, a fundraiser for Free Arts NYC's educational arts mentoring programs, was held at Pioneer Works in Red Hook on Sunday. The organization said the proceeds from the event will benefit programs for underserved youth and families. **METRO**



Maxwell Taylor, 9, of Manhattan, plays with "Multi-Layer Murals." ALL IMAGES BY MILES DIXON



An Arts & Crafts table at Kidsfest NYC



Thomas Stevens, 8, of Brooklyn, makes Halloween cookies.



Kidsfest NYC is a day of fun for the whole family. It includes a variety of art activities, games, snacks, music and more.



# Need More Storage? ...of course you do!



**Setup as simple as 1-2-3!**

Go online to [www.RedBin.com](http://www.RedBin.com)

1. Order bins and schedule delivery.
2. Pack your bins and schedule pickup.
3. Manage your inventory online.

**Need something back?**

- Just go to your account to schedule redelivery of your bins!

Use code **METRO20**  
and save 20%  
off your first 3 months of storage!



**How much does it cost?**



**\$6.25 x 4 bins  
=\$25.00 per month**

\*minimum 3 month rental

**212-658-1101**

**REDBIN**  
STORAGE ON-DEMAND

**[www.redbin.com](http://www.redbin.com)**

# Exclusive: New NYPD protest patrol unit to use bicycles for crowd control

Top cop Bill Bratton told Metro the 800-strong Strategic Response Group will be equipped with bikes, scooters for protest duties.



WENDY JOAN BIDDLECOMBE  
Wendy.Biddlecombe@metro.us

The NYPD unit recently created for policing protests will learn how to use bicycles for crowd control.

Police Commissioner Bill Bratton recently told Metro that the 800 officers to be hired for the department's Strategic Response Group will get training on how they can use two-wheelers to keep an eye on large public events.

"Part of the standard equipment will be bicycles," Bratton said, "because they're going to deal with crowd-management control, bicycles give them great mobility. They effectively serve as portable barriers."

The idea isn't entirely novel. The NYPD has been training beat offi-



Demonstrations of NYPD's mobile transportation training drills at their Floyd Bennett Field, Brooklyn facilities on Wednesday, October 14. HANNAH MATTIX

cers on bikes for general patrols for years, and the department used scooters to ride along Occupy Wall Street marches.

But the use of bikes as a form of crowd control at protests would be new to the NYPD, despite other police departments having used

bikes in recent years to do just that.

In 2012, the Chicago Police Department deployed bicycle patrols at a NATO summit to ride alongside a march, and used the bikes to block bank buildings targeted by more aggressive protesters.

"You saw the difficulties we had last year chasing these characters around demonstrations, texting where they were going to be and having these jump-up demonstrations," Bratton said of the many marches inspired by the Black Lives Matter movement last

winter.

"One of the ways to deal with them, and so I know where my officers are, are bicycles," the commissioner said. "They can pedal faster than they can walk, block off whole streets so they cannot get by, and coordinate with the

helicopters as a new way of doing crowd management and crowd control."

An NYPD spokesman said the officers assigned to the SRG unit will receive an "unprecedented" amount of preparation, with the two-wheeled training

**AptDeco.com**  
THE EASIEST WAY TO BUY AND SELL YOUR FURNITURE

**Sell your furniture in 10 days**

FREE TO LIST • FREE PICK UPS • NO HOME VISITS

**\$15 OFF**  
with "METRO"

**SOLD** in 7 days

**SOLD** in 5 days

**SOLD** in 12 days

**Buying Furniture?**  
Shop on AptDeco.com and save up to 80%



expected by its second round of trainings in 2016.

That training includes how to properly push back on protesters and crowds to keep them on the sidewalk, and how to resist an advancing crowd.

Police Officer Damian Korman did some of the same when his unit patrolled Zuccotti Park during Occupy Wall Street for about 16 hours one day.

"I would say 90 percent of the time we were just riding along with them," Korman said of the marches he helped observe.

One of the men tasked with training cops on the proper use of bikes and scooters said expanded use of either in protest situations can have an immediate effect on marchers.

"On the bikes, you're not there with a riot helmet and bats, and I think the protesters look at you like you're a little less intimidating," said NYPD Lt. Louis Perez, who has been training officers to ride scooters and bikes for the last 12 years.

"We just ride alongside them, and we're there to protect them," Perez added. "It's less aggressive."

However, some police observers said they're

less concerned with the optics of cops and bikes.

Civil rights attorney Norman Siegel told Metro there's not much need for a police unit specifically targeting protesters, but if there is, that officers should get a history lesson too.

"Officers that are in this unit need to understand the significance of the First Amendment right to protest, and the training should explain in detail what the First Amendment is," Siegel said.

Mark Winston Griffith, executive director of the Brooklyn Movement Center, said he was generally concerned with what he described as a lack of transparency when it comes to what the SRG polices.

"There's been a history of the NYPD conducting surveillance on their own residents based on political views and actions, which quite frankly is protected by the Constitution," Griffith said. "I don't know, at the end of the day, what is going to be classified as protest."

*"They can pedal faster than they can walk."*

Bratton

## BRIEFS

### Woman sexually assaulted, robbed in her Bushwick apartment building

A woman survived a robbery and sexual assault in her own Brooklyn apartment building's lobby, police said Saturday.

But cops are still on the hunt for the man who attacked her on Oct. 15.

Authorities said the unidentified man followed the 22-year-old woman as she walked into her apartment building on

Evergreen Avenue at around midnight.

That's when the man brandished a kitchen knife and forced the woman onto the building's fourth-floor landing.

The woman handed the assailant her pocketbook before he forced her to commit a sex act on him at knife point, investigators said.

The man then ran away from the scene and the woman called police. She was taken to a

local hospital for treatment and released soon after.

Officials described the suspect as a black man in his mid to late 20s, around 6-feet tall and weighing about 180 pounds.

A police sketch of the suspect showed him wearing a dark baseball cap.

The NYPD asks that anyone with information in regards to this incident call the NYPD's Crime Stoppers Hotline at 800-577-TIPS. CHESTER SORIA



## BRIEFS

### Brooklyn man killed in Sunday morning shooting

A 28-year-old man died Sunday after authorities found him bleeding on the floor not far from his East New York apartment.

Cops said they arrived at a home on Pitkin Avenue near Van Siclen Avenue at around 10:15 a.m. to find Troy Mitchell on the floor of the building doorway.

Paramedics at the scene rushed him to Brookdale Hospital, but doctors declared him dead soon after.

The shooter was at large as of Sunday evening.

### Cops seek two men suspected of robbing Bronx woman after flashing gun

Authorities are on the lookout for two men who flashed a gun at a Bronx woman before taking off with her cash.

Police said Sunday that the 48-year-old woman was walking up to West 176th Street and Grand Avenue in Morris Heights on Sept. 29, when the two men

approached her at around 5:30 p.m.

After the two men threatened the woman and grabbed an undetermined amount of money from her, the two robbers jumped into a white Honda Accord and drove off.

Investigators were unable to say where the robbers drove off to, but said there were no injuries as a result of the attack.

Cops released surveillance images of the two men, both described as black.

One of the men, who was said to have a medium complexion, was last seen with a beard and wearing a blue sweater with black or gray sweatpants.

The second man was last seen wearing a black hoodie, camouflage pants and black sneakers.

The NYPD asks that anyone with information regarding the incident or either of the suspects anonymously call the NYPD's Crime Stoppers Hotline at 800-577-TIPS or text their tips to 274637 (CRIMES) then enter TIP577. CHESTER SORIA

**VILLAGECAREMAX**  
*LIVE THE LIFE YOU WANT*  
**Our Members Are Our #1 Priority.**  
We are a 5-star rated Managed Long-Term Care Plan

★★★★★

**800-469-6292 TTY 711**  
7 days a week, 8:00 am to 8:00 pm  
[www.villagecaremax.org](http://www.villagecaremax.org)

5-star overall rating based on the 2014 NYC Region ALTC Consumer Guide, published by the New York State Department of Health

# Reputed NY mobster faces trial for 1978 'Goodfellas' heist

Vincent Asaro's criminal trial is set to begin on Monday in Brooklyn federal court before an anonymous jury.



An estimated \$5 million in cash and \$875,000 in jewelry was stolen during a 1978 Lufthansa heist robbery at JFK Airport. An employee shows FBI agents where he and others were tied during robbery. GETTY IMAGES

For nearly four decades, it remained one of America's most infamous unsolved crimes: On Dec. 11, 1978, a crew of masked men stole \$6 million in cash and jewelry from a Lufthansa Airlines cargo building at John F. Kennedy Airport in New York.

The brazen heist, which helped inspire the gangster movie "Goodfellas," left authorities largely frustrated until last year, when federal prosecutors in Brooklyn charged Vincent Asaro, a member of the Bonanno organized crime family, with participating in the theft.

Most of the other suspected participants in the robbery disappeared, were killed or died, making it difficult for authorities to piece the case together.

"Once you kill one guy, you gotta kill them all, because otherwise they'll get scared," said Howard Abadinsky, an or-

ganized crime expert and a professor at St John's University in New York. "He's one of the few guys that's still alive."

Asaro, now 80, is accused of a litany of crimes stretching from 1968 to 2013, including murder, racketeering, arson and robbery. He was arrested alongside four other alleged members of the Bonanno family, who were charged with crimes unrelated to the Lufthansa heist.

Those defendants, Asaro's son Jerome, Jack Bonventre, Thomas Di-

Fiore and John Ragano, all pleaded guilty and were sentenced to prison terms ranging from 21 to 90 months.

Asaro's defense lawyer, Gerald McMahon, did not respond to a request for comment but has said Asaro denies all the allegations.

The only man ever convicted for the Lufthansa heist was Louis Werner, a cargo agent and the inside man. Werner passed along the idea for the robbery in order to settle gambling debts.

REUTERS

## MIGRAINES AGONY & PAIN

Do You Suffer From 3 To 8 Migraines Per Month?

If so, consider joining SAMURAI – a clinical study to assess a potential new migraine medication for people like you. We're looking for people over 18 years of age to take part.

Contact the study team or ask your physician about SAMURAI to learn more. Study team contact details:

Samurai

Study COL MIG-301

Radiant Research  
718-969-3005  
www.radiantresearch.com

RADIANT  
CLINICAL RESEARCH

## DOULA/LABOR ASSISTANT CERTIFICATION TRAINING

at Swedish Institute

### Becoming a Doula

Have you ever wanted to help a family bring their baby into the world? Learn to support women during childbirth and touch the lives of parents in an unparalleled way.

Friday-Sunday,  
December 4-6

Scan to learn more:



Swedish Institute  
College of Health Sciences

Visit our Continuing Education office  
226 West 26th Street  
212-924-5900 x146  
www.swedishhce.com

13-month CD Up to  
**1.20%**  
APY\*

\*APY (Annual Percentage Yield) is valid as of 10/01/2015. This promotional rate is offered from 10/01/2015 to 12/31/2015 and cannot be combined with any other offers. Minimum opening balance is \$10,000 ; minimum opening balance to receive the promotional rate is \$100,000 and must also open with a new Freedom Checking Account. Offer applicable to new money only. Account is subject to early withdrawal penalty. Fees could reduce earnings on the account. Freedom Checking account: Minimum opening balance is \$100. Monthly service charge of \$10 is waived with an average daily balance of \$1,500 or a recurring direct deposit or if you are in the 50+ age group. Additional terms and conditions may apply. Please see our account disclosure for more details.

Call today! 1-888-465-5866

CTBC Bank Corp. (USA)

Member  
FDIC



CTBC BANK





Coffee Shop  
Airport Security  
DMV  
Nightclub  
Post office  
Food truck  
Movie theaters

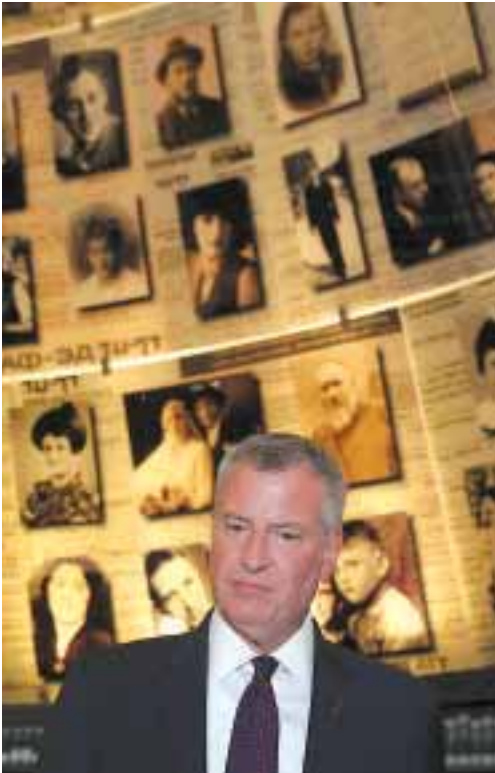


# NOW THERE'S ONE LESS LINE TO WAIT IN.

Get the MetroCard that refills itself.  
Welcome to the latest New York must-have,  
the **EasyPayXpress MetroCard**. And it's  
balance protected if ever lost or stolen.

Sign up for free at [easypaymetrocard.com](http://easypaymetrocard.com)

© 2014 Metropolitan Transportation Authority



New York Mayor Bill de Blasio looks at pictures of Jewish Holocaust victims at the Hall of Names on October 18, 2015, during his visit to the Yad Vashem Holocaust Memorial museum in Jerusalem commemorating the six million Jews killed by the German Nazis and their collaborators during World War II. GETTY IMAGES

# Mayor Bill de Blasio's trip to Israel

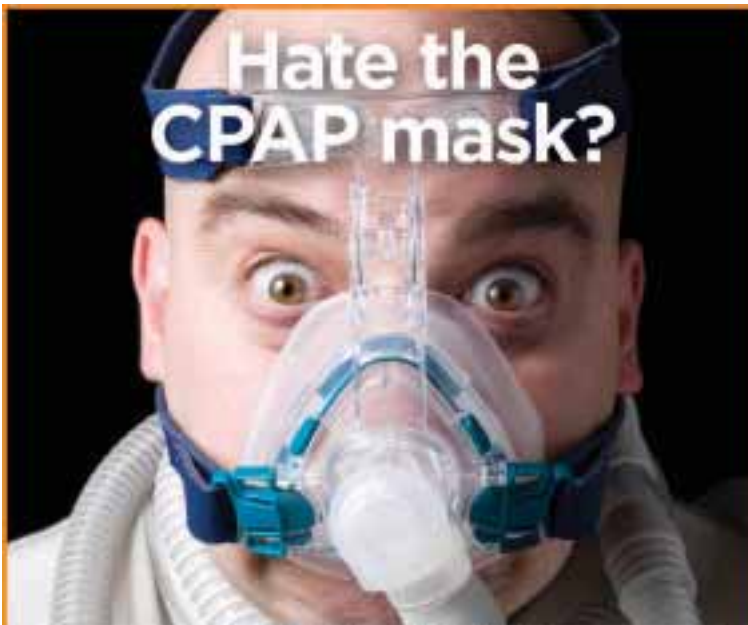


De Blasio prays after placing a wish paper at the Western Wall, Judaism's holiest site, in the old city of Jerusalem, on Oct. 18, 2015.



Mayor de Blasio lays a wreath at the Hall of Remembrance on Oct. 18, 2015, during his visit to the Yad Vashem Holocaust Memorial museum in Jerusalem.

**Hate the CPAP mask?**



**You'll love our options.**

At **eos sleep**, our board-certified physicians offer the widest range of safe and effective treatment options for snoring and sleep apnea, beyond the mask. It may be as simple as a 30 minute in-office procedure.

Most Insurance Plans Accepted. For more information and patient testimonials, visit **eosleep.com** **800.eosleep (800)367.7533**

**eos sleep**

For the treatment of snoring and sleep apnea

20 EAST 66TH STREET NYC  
262 CENTRAL PARK WEST NYC • 589 BROADWAY NYC  
833 NORTHERN BLVD GREAT NECK

**Are You Shy?**

- ☐ Do you get anxious in front of others?
- ☐ Do you feel embarrassed if you have to give a speech or perform at a public function?
- ☐ Do you avoid meeting new people, going to parties, or dating?
- ☐ Is it difficult for you to eat, drink, or write while others may be watching you?

If your answer is yes to any of these questions, you may suffer from Social Anxiety Disorder. If you are between 18 and 65 years of age, and feel that these problems interfere with your ability to achieve your goals or to enjoy life fully, you may be eligible for our research study. Please call for more information.

**(212) 595-5012**  
The Medical Research Network, LLC  
134 E. 93<sup>rd</sup> Street, New York, NY • [www.MedicalResearchNetwork.com](http://www.MedicalResearchNetwork.com)

**DENTALIGN NYC** **GRAND OPENING**

**INVISALIGN**

**New Patient Special** **\$2,999** Full Treatment  
**Cleaning/ X-Rays/Exam \$99** **0% Financing Available**

THE CLEAR ALTERNATIVE TO BRACES  
PROVIDER WITH ELITE STATUS SINCE 2005

**FREE CONSULTATION**  
**888-590-3880**

405 LEXINGTON AVE 54TH FLOOR  
NEW YORK, NY 10174  
(CORNER OF 41 STREET, THE CHRYSLER BUILDING)  
[www.nyc-dentalign.com](http://www.nyc-dentalign.com)





# Painful Varicose Veins & Swollen Legs?

Varicose veins are more than a cosmetic problem. They may lead to complications such as Deep Vein Thrombosis (DVT) and Pulmonary Embolism (PE), both of which claim up to **300,000** lives a year in the US.

## DO YOU SUFFER FROM

- ☒ Varicose Veins
- ☒ Spider Veins
- ☒ Itching and Burning
- ☒ Leg Pain and Cramps
- ☒ Heaviness and Swelling
- ☒ Skin Discoloration
- ☒ Ulcers and Blood Clots
- ☒ Difficulty Walking Long Distances

You may have a condition called venous insufficiency, which left untreated can lead to serious health complications. Our non-surgical, minimally invasive and painless endovenous procedure only takes 15 minutes.



**Have you had prior vein treatment and are not satisfied with the results?  
USA Vein Clinics can help!**

*Don't trust your legs to just anyone. USA Vein Clinics staff includes board-certified, vascular specialists. Voted best vein clinic and leader in Health Care 5 times.  
When it comes to your health only trust the best!*

**Medicare and most insurances accepted!**

*Call us today to schedule your appointment*

**NOW  
ACCEPTING  
HEALTHFIRST!**

# (917) 717-5135

[www.USAVeinClinics.com](http://www.USAVeinClinics.com)

**USA  
Vein  
Clinics**

### New York

1153 First Ave • Manhattan, NY 10065

2511 Ocean Ave, Ste 102 • Brooklyn, NY 11229

2444 86th St, Ste A • Bensonhurst, NY 11214

116-02 Queens Blvd • Forest Hills, NY 11375

**NEW** 1975 Hylan Blvd • Staten Island, NY 10306

**NEW** 260 W Sunrise Hwy, Ste 102  
Valley Stream, NY 11581

**COMING SOON** 4159 Broadway • Washington Heights, NY 10040

**NEW** 59-20 Myrtle Ave • Ridgewood, NY 11385

### New Jersey

766 Shrewsbury Ave, Ste 300 • Tinton Falls, NJ 07724

# Are you suffering from PAD?



People over age of 50 that have a history of diabetes or smoking and other peripheral artery disease risk factors, such as obesity or high blood pressure, have a greater risk of having PAD. The good news is that PAD can be easily treated with our fast minimally invasive technique.

**PAD can be recognized by these symptoms.**  
If you're experiencing these, **CALL US TODAY!**

## Do You Have PAD?

- ☒ Painful cramping in your hip, thigh or calf muscles after walking
- ☒ Leg numbness or weakness
- ☒ Non-healing sores on your toes, feet or legs
- ☒ Coldness in your lower leg or foot
- ☒ Slower growth of your toenails
- ☒ Shiny Skin on your legs
- ☒ No pulse or a weak pulse in your legs or feet
- ☒ Erectile dysfunction in men

**USAV**  
VASCULAR  
CENTERS

# 718-690-3048

260 W Sunrise Hwy, Ste 102 • Valley Stream, NY 11581  
2444 86th St, Ste A • Bensonhurst, NY 11214

[www.USAVascularCenters.com](http://www.USAVascularCenters.com)

# STEAM HEAT!

Like lobsters in a pot, politicians are furiously yanking each other down into the hot water even as some try to crawl out of their troubles. So here are my three things to watch this week in politics ... fresh from the steamer!

**1. TURNING UP THE BURNERS:** Hillary Clinton and her supporters say the congressional probe into Benghazi is just a GOP recipe to roast her. Actually, a top Republican kind of said that too. But the inquiry continues and the headlines this week will come when the candidate herself climbs onto the stove Thursday. You can expect the candidate to act indignant, for her questioners to act irate, and for both sides to act like they won when it is over.

**2. GAINING STEAM — AND LOSING IT:** When it comes to campaign fundraising on the Dem side, Bernie Sanders is catching up with Hillary Clinton. But the real pressure is building around the GOP's, Campaign finance reports show steam building for the self-professed outsiders, with Ben Carson raking in the most — almost \$21 million over the summer — and Carly Fiorina doing well too. Trump, of course, is largely using his own money. But

## TOM FOREMAN

### Opinion

Tom Foreman is a CNN correspondent and author of the book "My Year of Running Dangerously."



Bush, Christie and Kasich seem to be struggling; and Jindal, Pataki and Gilmore barely have enough money to buy a nice house in D.C., let alone win the White House. Anyone cold enough to drop out this week? Maybe.

**3. THE WATCHED POT:** And the Joe Biden waiting game goes on. Will he jump into the presidential pot or not? Actually, since there is no conventional wisdom on this anymore, I'm hesitant to say anything for fear of a development before you even get to read this. But assuming it doesn't happen by Monday, I do think there is a good chance we'll finally get an answer before this week is out. And the Cubs may win the World Series. So there are two completely unqualified predictions. Never say I wasn't bold.



Bernie Sanders and Hillary Clinton GETTY IMAGES

## Suspect dead after killing deputy at Minn. hospital



St. Cloud Hospital in Minnesota GOOGLE MAPS

A sheriff's deputy was shot and killed on Sunday by a suspect who was being guarded at a Minnesota hospital, and the assailant later died, state authorities said.

The deputy, who was guarding a person under investigation, was shot and killed around 5:15 a.m. CDT at St. Cloud Hospital, according to the Minnesota Department of Public Safety.

Security officers responded and "subdued" the suspect, who later died, the agency said. No other hospital patients or staff were injured during the incident, which was confined to a patient room.

St. Cloud is located about 60 miles northwest of Minneapolis.

REUTERS

## BRIEFS

### Two injured in separate shark attacks off Hawaii

Two men have been seriously injured in separate shark attacks off Hawaii within the space of a few hours, local media reported on Sunday.

A 44-year-old man was swimming toward a beach in Kailua on the island of Oahu when he was attacked shortly before noon on Saturday, the Honolulu Star-Advertiser reported. He sustained injuries to his lower legs.

Later in the day, a 32-year-old was bitten on his left foot as he swam off a beach in Honolulu, the television station KITV reported.

The attacks were the sixth and seventh reported in the waters off Hawaii this year, the Star-Advertiser said. REUTERS



Kailua Beach GETTY IMAGES



# FALL SPECIAL

**\$595\***  
**Implant**

\*Must be completed at our office to qualify for promotional fees

**Complete tooth replacement  
with post and crown**

**\$1295\***

**OFFER  
EXPIRES**

**Oct 31, 2015**

\*All work must be completed at Right Choice  
Dental Implant Center to qualify for promotional fee of \$1295 for  
Complete Tooth Replacement. Limit 3 implants per patient.  
Full payment due upon commencement of treatment.



## Right Choice Dental Implant Center

### Manhattan Location

50 Broadway Suite 2001

New York, NY 10004

**2 Convenient  
Locations**

*Speak with your  
Smile Today!*

### Long Island Location

601 Franklin Ave Suite 100

Garden City, NY 11530

## FREE CONSULTATION

**REPLACE MISSING TEETH PERMANENTLY**

*Must bring this ad  
on your first visit.*

# 646-791-8075

**CALL**

[www.Rightchoicedentalimplantcenter.com](http://www.Rightchoicedentalimplantcenter.com)

**Se Habla Español**

Mention you saw us in Metro Newspaper

**TODAY!**

# United remains silent on the medical condition of their CEO

The 56-year-old's health problems come barely a month after Munoz took on the job of improving the profitability and reputation of United.

United Continental declined to provide details about the medical condition of its new chief executive officer on Sunday, days after the airline said Oscar Munoz was admitted to the hospital and a person familiar with his health said he suffered a heart attack.

A spokeswoman for



United Continental Holdings Inc CEO Oscar Munoz is seen in an undated handout picture courtesy of United Airlines. UNITED AIRLINES/HANDOUT

the Chicago-based company told Reuters by email on Sunday morning that it did not have an update to share yet. It is not known where Munoz is being treated.

United acknowledged in a statement that Mu-

noz's family informed the company he had been hospitalized the day before, and said it would provide "further details as appropriate." A person familiar with the matter confirmed that he had suffered a heart attack.

United has an obligation to disclose material developments, wrote John Coffee, a professor specializing in corporate governance issues at Columbia University's law school, in an email. "It is the obligation of the company to keep the market informed of material developments and this seems clearly material to me," Coffee wrote.

It is puzzling why the company has not stated who will take over for Munoz in the meantime, said Greg Taxin, chief investment officer of New York-based Luma Asset Management, and founder of corporate governance research firm Glass, Lewis & Co. REUTERS

## BRIEFS

### Chicago boy, 6, accidentally shoots, kills brother, 3: Police

A Chicago man has been charged with child endangerment after his three-year-old son was shot and killed by his six-year-old brother while the two were playing, police said on Sunday.

The 6-year-old found the loaded revolver on top of the refrigerator and shot little brother Eian Santiago in the head on Saturday evening, according to police and the Cook County Medical Examiner's office. The older brother's name was not disclosed.

The boys' father, Michael Santiago, 25, was arrested and charged with child endangerment, a felony. He appeared in court on Sunday, but bond details were not immediately available.

"He was a beautiful kid. It's real crazy," the grandfather, Israel LaSalle, said in a tearful interview on CLTV, a local television station.

The shooting happened at about 9:05 p.m. CDT in the Humboldt Park neighborhood in northwest Chicago. The three-year-old was carried by a family member a block away to Norwegian American

*"That's why parents should never have guns in the house."*

LaSalle

Hospital, and then transported to Mount Sinai Medical Center, where he was pronounced dead shortly before midnight, officials said.

Michael Santiago told police he was a former member of the Spanish Cobras street gang and had purchased the gun from a gang member for protection, police spokesman Anthony Guglielmi, told the Chicago Tribune.

At the bond hearing, Cook County Assistant State's Attorney Joseph DiBella said the shooting happened when the children were in the care of their grandfather while Santiago was at work and his wife was at the store with a younger child, age one, according to DNAinfo.com. REUTERS

## STRAIGHT Talk



### Erectile Dysfunction (E.D.) When the "Magic Pill" isn't so magic

Erectile dysfunction (E.D.) affects more than 30 million men in the U.S. It is especially common in men with **prostate surgery, diabetes, high cholesterol, high blood pressure and obesity**. However, it is now possible to treat almost all men with E.D! E.D. undermines a man's sexual confidence—but successful treatment can restore it!

Many E.D. treatments are covered by most insurance and prescription plans.

Attend a **FREE** seminar to educate men and their partners about approved E.D. treatment options. Partners are encouraged to attend.

#### Featuring:

#### Dr. J. Francois Eid

A board certified urologist who specializes in the treatment of E.D.

#### Also featuring:

A patient who found a long-term solution to his E.D.

**Wednesday, October 28, 2015**

Refreshments available at 6 p.m.  
Presentation begins at 6:15 p.m.

#### The New York Marriott East Side

Morgan B Room  
525 Lexington Ave. at 49th St.  
New York, NY 10017

To reserve your space or for more information about this FREE seminar, please call: **(866) 233-9368**.

An educational series, sponsored by Coloplast Corp., designed to inform and empower. [www.ColoplastMensHealth.com](http://www.ColoplastMensHealth.com)



# GET YOUR HEAT ON

## HEATING OIL SAVE NOW

- Oil prices at near 5-year lows\*
- Ultra Low Sulfur Bioheat/Fuel
- 24/7 service and support in any weather



**Call for special offers! 866.542.3184**

Oil | Heating | Cooling | Duct Cleaning

[petro.com](http://petro.com) [petro mobile](http://petro.mobile) connect on

\*Oil prices as of August 2015. Additional terms and conditions may apply.  
NYC Lic. No. 1314079. ©2015 Petro. P\_15549



# You get the windows, we pay the interest

## The problems with poor-quality vinyl windows:

- Even through normal temperature changes, poor-quality vinyl windows and patio doors can expand, contract, warp and leak.
- If their seals break and the insulating gas escapes, your energy-efficiency goes out the window.

## The solution is our Fibrex® window:

- We're the replacement window division of Andersen, and they developed our Fibrex material to meet their superior standards.
- Fibrex is so strong it helps prevent glass movement, seal failure, and discomfort in your home.
- Our Fibrex material is twice as strong as vinyl, and—unlike wood—requires virtually no maintenance.\*

Only through November 8th

With our Instant Rewards Plan

# 2 YEARS

**NO INTEREST<sup>1</sup> +  
NO PAYMENTS<sup>1</sup>**

**&**

**\$200 OFF** every window<sup>1</sup>  
**\$500 OFF** every patio door<sup>1</sup>

Offer available with our Instant Product Rewards. Minimum purchase of 6 or more windows and/or patio doors at time of initial visit. Financing provided by third parties and is subject to credit requirements.

**➤ Call before  
November 8th!**

**Renewal  
by Andersen.**



**WINDOW REPLACEMENT**

an Andersen Company

**CERTIFIED  
MASTER  
INSTALLER**

**Call for your FREE Window Diagnosis**

# 1-800-357-3815

<sup>1</sup>Cannot be combined with prior purchases, other offers, or coupons. Offer not available in all areas, discount applied by retailer representative at time of contract execution and applies to minimum purchase of 6 or more windows and/or patio doors. Offer only available as part of our Instant Product Rewards Plan. Must purchase during initial visit to qualify for Instant Product Rewards Plan. 0% APR and no payments for 24 months available. Subject to qualifying credit approval. Not all customers may qualify. Higher rates apply for customer with lower credit ratings. Financing not valid with other offers or prior purchases. Interest accrues during the promotional period but all interest is waived if the purchase amount is paid in full within 24 months. Renewal by Andersen retailers are independently owned and operated retailers, and are neither brokers nor lenders. Any finance terms advertised are estimates only and all financing is provided by third-party lenders unaffiliated with Renewal by Andersen retailers, under terms and conditions arranged directly between the customer and such lender, all subject to credit requirements. Renewal by Andersen retailers do not assist with, counsel or negotiate financing, other than providing customers an introduction to lenders interested in financing. **NJ Consumer Affairs License #: 13HV01541700. NYC Consumer Affairs License #: 1244514. Nassau Consumer Affairs License #: H0810150000. Suffolk Consumer Affairs License #: 43991. H. NYC 1307704. Rockland County License #: H-11942-07-00-00.** Renewal by Andersen of Central/Northern NJ and Long Island are independently owned and operated affiliates operating in the NJ/NY metropolitan area. "Renewal by Andersen" and all other marks where denoted are marks of Andersen Corporation. ©2015 Andersen Corporation. All rights reserved. ©2015 Lead Surge LLC. All rights reserved. \*See the Renewal by Andersen 20/2/10 limited warranty for details at <http://www.renewalbyandersen.com/homeowner-help/warranty.aspx>

# “Fraction Of An Inch” Success And Failure With Popular Vital Information All Knee Arthritis Sufferers

By Matt Edgar-Health Writer

**Manhattan** - In just a moment I'm going to tell you about a very “candid” and somewhat embarrassing moment I had with a doctor.

A moment most doctors would not want you to know about.

As I reveal what happened in that moment - it will become clear to you not only why this doctor has so much success treating knee arthritis pain... but you will also discover a possible way to relieve some or all of your pain, too.

**But before I tell you all that - let me ask you this:** How would you like to finally have a real medical solution for your knee arthritis pain?

Not some scam sold on an infomercial or the internet. **A real medical treatment that has already worked for countless people just like you and is covered by most insurance and medicare?**

Can you imagine what it would feel like to be able to eliminate enough of your pain and stiffness so you can get out of bed without pain and go for walks and even do things like play golf or tennis?

How relieved would you be if you felt so much better that you no longer needed to go through total knee replacement surgery and all the grueling rehabilitation?

## Sounds Too Good To Be True?

I'm glad we agree. It does sound too good to be true. That's because all patients react differently and get different results from **real medical treatments**.

That's also why no ethical doctor would promise or

guarantee ANY results... for ANY treatment. EVER.

In fact - if you do start hearing over-the-top, exaggerated claims like: “cure for knee arthritis” or “eliminates all pain” or “works for everyone” you should run like heck.

**But the fact of the matter is:** If you qualify for the treatment you are about to discover, there is a good chance you may be able to relieve some or much of your pain.

I know because thousands of knee arthritis sufferers... just like you... have already found the relief you are looking for.

**And even better** - this might work for you if your pain is new... or if you have advanced knee arthritis that has made it difficult to even walk.

## Here's The Treatment And The Embarrassing Moment

The treatment is called viscosupplementation. If you have not heard of this treatment - I will explain how it might help you in just a moment. If you have heard of it - or even had this treatment without good results - this information is a “must read.”

**Here is why:** When you have arthritis, one of the things that happens is the lubricating fluid in your joints decreases. This causes joint surfaces to rub, then grind against each other which causes swelling and pain eventually eating away at the cartilage.

Researchers have developed a natural lubricating gel that can be placed in the arthritic knee joint - this cushions and coats the joint allowing it to glide more smoothly which often decreases pain. Sometimes dramatically. Treatment with this special lubricating gel is called

## Advanced Knee Arthritis Treatment Offers New Hope For Pain Sufferers In New York City



**Nothing Spreads The Word Like Caring Doctors and Results** - Knee arthritis sufferers have swarmed the OsteoRelief Center in Manhattan, NYC and Northern New Jersey ever since word got out of their advanced medical procedure for knee arthritis

## Viscosupplementation.

This all sounds great - in theory. But there is a BIG problem with this treatment.

## Allow Me To Explain...

While doing research on this treatment, I traveled to a medical clinic in New York City. This clinic had an excellent reputation and I got to speak not only with doctors but with several patients who ranted and raved about the results.

Many said they had tried countless other treatments in the past... including viscosupplementation... but nothing worked until they had viscosupplementation at *this* clinic.

I was skeptical, so I asked one of the doctors why. How could it be possible that the same treatment that did not work when done elsewhere... was getting results when done here?

His response was honest and a little shocking. And the bottom line was...

## “All Doctors Are Human And Sometimes They Mess Up”

I discovered that this treatment must be VERY

PRECISE. In other words, the doctor must be very accurate and actually get the lubricating fluid precisely into the arthritic joint space - or the treatment will be rendered useless.

**Many doctors do not want to admit it - but it is very easy to miss the joint space and alter the treatment results.**

In fact, research shows that doctors doing these types of joint procedures without advanced imaging may miss the joint space as much as 30% of the time.

## Technology To The Rescue

Thankfully technology is solving this problem. How? It's making doctors much more accurate and this treatment much more effective.

Advanced imaging is now available that allows doctors to actually see directly into the joint space and watch the treatment. Doctors can see, or check, if the lubricating fluid goes directly into the joint space - or misses.

The doctor knows if the applied treatment has been a success... or failure... INSTANTLY.



# The Difference Between Knee Arthritis Treatment?

**Should Know... *That Might Be Keeping You In Pain***

**Here's something incredible:** I was able to watch many procedures actually being performed and I was shocked at how many times the doctor thought he had perfect placement... *but the imaging proved him wrong.*

I was amazed how only a ***fraction of an inch*** would make the difference **between** success and failure.

**The best thing is:** When the procedure was not perfect - because of the imaging - the doctor knew instantly and was able to make the slight change necessary and achieve the results they were looking for hitting the targeted painful knee joint.

## **"Double Confirmation" For Best Results**

That's why the doctors at this clinic have taken it one giant

step further to give their patients the best. They do not just use one form of confirmation during treatment - they use two in their **"double confirmation"** process. This is to ensure patients get the best possible results.

It became clear to me that using this advanced imaging and "double confirmation" process just might be why the doctors at this medical clinic get results when others were not.

## **What Results Can Be Expected?**

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

## **Who Is This For?**

This treatment is not for everyone - but if you qualify you may be able to relieve some or all of your pain. That's why OsteoRelief has a an innovation for you...

## **Your Invitation**

OsteoRelief Centers offer a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at OsteoRelief Center. If you would like a complimentary screening, just call **800-227-KNEE (5633)** and tell the scheduling expert who answers the phone, "I would like a complimentary knee arthritis screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

**This screening is no cost and there is no further obligation.** The best thing about this screening for so many is being able to breathe a big sigh of relief because you finally have hope to relieve your pain and get your life back

Many of the treatments offered at OsteoRelief Institute are covered by many insurance plans and Medicare.


**OsteoRelief Institute**  
**Locations in Midtown and**  
**Downtown NYC**  
**800-227-KNEE (5633)**

**Midtown NYC**  
Park 34 Medical P.C.  
Director Alexander Garger MD


**Financial District NYC**  
Downtown Medical NYC  
Director Gazelle Craig D.O.

**Why A Fraction Of An Inch Can Be The Difference:** Advanced imaging is used to "double confirm" placement of lubricating gel on the surface of the arthritic joint - giving the best possible chance to


**Before Treatment**  
Painful Knee Joint  
Riddled With Arthritis



**Successful Treatment**  
Exact Placement Of Lubricating Gel  
When Using Advanced Imaging



**Failed Treatment**  
Without Advanced Imaging Missing  
Joint By TINY Amount Causes Failure



**Fractions Of An Inch Can Be The Difference Between Success And Failure - Using The Most Advanced Digital Imaging Can Be The Difference Between Relieving Your Pain Or Continued Suffering**

## Get ready for President Lohan

What could make Kanye West's 2020 presidential bid seem even the least bit plausible? An even more absurd celebrity contender, that's what. Enter Lindsay Lohan, who took to Instagram this weekend to announce her intentions to run for president that year as well. "In 2020 I may run for president," she posted along with a photo of her at the 2012 White House Correspondent's Dinner, giving West an at-mention and everything. "The first thing I would like to do as president is take care of all of the children suffering in the world," she added with a photo of her and West together. "Queen Elizabeth showed me how by having me in her country." But bad news for Lohan, who turns 35 in July 2021, as she's actually constitutionally disqualified because she'll still be too young for the job.

ALL PHOTOS GETTY IMAGES



## the word

NED EHRBAR  
ned.ehrbar@metro.us

## Checking in on Lamar Odom

So, how was your weekend? Because Lamar Odom's was pretty good, considering. The former NBA star reportedly woke up Friday night for the first time since being hospitalized following a four-day bender at a Nevada brothel, according to E! News. He only stayed awake long enough to offer Khloe Kardashian a "hey baby" before going back to sleep, but still. He also started breathing on his own and was moved from his bed to a chair for the first time on Saturday. According to the source, Odom is "heading in the right direction. This is great progress but there is always the possibility for setbacks."



## DAILY VIDEO



### Democratic Debate on 'SNL'

Got 10 minutes? You could do worse than spend them watching the "Saturday Night Live" take on the first Democratic debate on CNN, where Alec Baldwin pops in as Jim Webb and Larry David steals the

show as Bernie Sanders. Yes, Kate McKinnon kills as usual as Hillary Clinton — "I think you're really going to like the Hillary Clinton my team and I have created for this debate" — but David is an incredible Sanders. He might need to make time for some return appearances on "SNL" this season.

## Justin Bieber talks about his manhood



Oh hey, were you hoping to hear more about that paparazzi photo of a completely naked Justin Bieber in Bora Bora? Well, while I sit over here concerned about you, allow me to scratch that itch: Bieber sat down with Billy Bush of "Access Hollywood" to discuss the invasive incident, and he couldn't help but kick things off with

a bit of boastful banter. "That was shrinkage for me," he said, because of course he did. "My first thing was like, how can they do this?" Bieber continued more seriously. "Like, I feel like I can't step outside and feel like I can go outside naked. You should feel comfortable in your own space. Especially that far away."

## Rosie O'Donnell's latest 'View' headache

I'm guessing Rosie O'Donnell really wishes she'd never agreed to go back on "The View." O'Donnell, who left the chat show a second time in February, is now being sued by one of the show's former senior producers who claims O'Donnell slandered her and got her fired. In the lawsuit, Jennifer Shepard-Brookman claims that O'Donnell "accused Ms.

Brookman of teaming with [Whoopi] Goldberg to undermine Ms. O'Donnell," according to the Hollywood Reporter, and that O'Donnell "publicly accused Ms. Brookman of betraying professional and personal confidences and leaking sensitive information to the media" which led to her termination. That really does sound like a delightful place to work.



@evanrachelwood

When life gives you lemons ... juggle.



@mcgregor\_ewan

Yes I love sharks.



@melanielynskey

My bf went to get popcorn @ Steve Jobs & I texted "I love you!" iPhone corrected to "I liked you". HOW AM I SUPPOSED TO ENJOY THIS MOVIE NOW



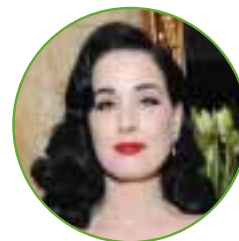
@hughlaurie

You know what's wrong with Tavis Smiley? Absolutely nothing, that's what.



@ZacEfron

I do this s— for my mama



@DitaVonTeese

So, who are you going to be for Halloween this year?



# Mayday Parade: Emo forever

Ten years later, Mayday Parade is still serving up fresh emo-pop with their new album, "Black Lines."



EMILY LAURENCE  
@EmLaurence  
emily.laurence@metro.us

It's a feat for any band to stay together for a decade, and Mayday Parade has made it with almost all its original members (Jason Lancaster left early on). We caught up with guitarist Alex Garcia to find out the secret of their longevity and to talk about their new album "Black Lines" and why it's cool to be emo.

## Changing things up

Mayday Parade has kept a consistent level of success with their emo-pop rock songs, but Garcia says "Black Lines"

is a departure from their last four, though not a "transitional album," as it is sometimes being called in the press.

"There are still a lot of old Mayday Parade elements in there, but we used a lot more guitar effects than on the previous albums and experimented with different noises and song structures too," he tells us.

For the band, it was a welcome step outside their comfort zone, and one they think fans will appreciate. Derek Sanders' voice is pushed to the limit, covering a bigger range than in the past.

"Our single 'Keep in Mind, Transmogrification Is a New Technology' exemplifies that," Garcia says. "It starts off kind of quiet and eventually builds into a huge outro where he's at the top of his dynamic range and really pushing his voice to give it all that emotion."



Mayday Parade's new album, "Black Lines," came out Oct. 9. PROVIDED

## More breakup songs

Emotion is something

Mayday Parade has used from the start, particularly with their lyrics. Though the music

may evolve, Garcia says their heartfelt lyrics are something they will never change.

"If we had lyrics that were very sterilized or silly and not coming from the heart, our fans wouldn't be as connected to the music," he says.

"For this genre more than some other genres, having lyrics people can relate to is important."

## Not stopping anytime soon

Since the band lives spread out across the U.S., getting together to record and tour is a reunion they all look forward to.

"No one actually thought at the time that we would get this far when we started the band," Garcia says.

"The band is a total democracy, where everyone's opinion matters. There isn't one person trying to be more important than the others, which could cause resentment. ... We're all in it for the long haul."

## FALL INTO THE NEW YOU

SPECIAL \$500 OFF WITH THIS AD

### FRANCIS NY PLASTIC SURGERY

114 EAST 71ST STREET • 212-226-0677

Between Park & Lexington Avenues • [www.francisnyplasticsurgery.com](http://www.francisnyplasticsurgery.com)

Brazilian Butt Lift - Fat Grafting

Buttock Implants

Calf Implants

Breast Augmentation

Breast Lift

Breast Reduction

Breast Reconstruction

Liposuction

Smart Lipo

Body Lifts

Arm Lifts

Face Lifts - Eyes - Neck

Tummy tucks - Mini & Full

Nose Reshaping

Lip Plumping

Botox - Sculptra - Juvederm

Dysports - Restylane - Radiesse

Affordable Cosmetic Surgery

0% Financing Available

Surgical Center On Site

With Certified Staff

Quick & Safe Anesthesia

FREE CONSULTATION!

TUMMY TUCK

BREAST AUGMENTATION

ARM LIPO/LIFT

BUTT AUGMENTATION

MOMMY MAKEOVER

TUMMY TUCK

**FREE CONSULTATIONS!**

MODEL

Dr. Kenneth R. Francis - Board Certified Plastic Surgeon: Featured in : "Allure, Glamour, and Inside Edition"

# Outerwear game strong



Throw on a bold topper to elevate simple jeans and turtleneck. GETTY IMAGES



Golden by TNA for Aritzia Bancroft parka \$385, ARITZIA.COM



Rebecca Taylor wool shearling cocoon coat \$895, REBECCATAYLOR.COM



Maje Grenat oversize wool coat \$815, NET-A-PORTER.COM



Zara alpaca coat \$169, ZARA.COM



Ann Taylor faux-fur topper \$258, ANNTAYLOR.COM



JOSEPH wool man coat \$965, JOSEPH-FASHION.COM



Topshop belted wool-blend coat \$170, TOPSHOP.COM



H&M Studio Collection wool-blend jacket \$149, HM.COM



Madewell Depot cocoon coat \$278, MADEWELL.COM



Robe coats are big for fall. GETTY IMAGES

Fierce fall coats that'll dress up any look.



TINA CHADHA  
@TinaatMetro  
tina.chadha@metro.us

We never want to say goodbye to lazing at the beach, rooftop drinks or open-toe shoes, but we can't deny our excitement for plush fall knits and the bold, attention-demanding outerwear hitting stores right now. Here's a roundup of coats to keep you warm and chic until summer's back in sight.



Emerson Fry drop-shoulder coat \$525, EMERSONFRY.COM

*Manhattan Center For*  
**Liposuction**  
*Reshape your body & life!*  
*Now is the time to take the first step to*  
*loving the shape you are in*  
Make yourself Beautiful  
CELLULITE SMART LIPOSUCTION NECK LIFT  
**MEDSPA<sup>44</sup>**  
144 E 44th ST. 2nd Floor New York, NY 10017  
212.308.4990 www.MedSpa44.com

**MEDSPA<sup>44</sup>**  
FREE CONSULTATION  
*Botox* 1 Area  
Starting at \$159  
(\$300 Reg. Price)  
*Dermal*  
*Fillers* Starting at \$600  
(\$850 Reg. Price)  
*Lips* Starting at \$400  
(\$700 Reg. Price)  
144 E 44TH STREET, Ste 205  
New York, NY 10017  
212-308-4990  
info@medspa44.com  
www.medspa44.com



# Alan Alda meets Steven Spielberg

The legendary actor talks "Bridge of Spies" and its connections to "M\*A\*S\*H."



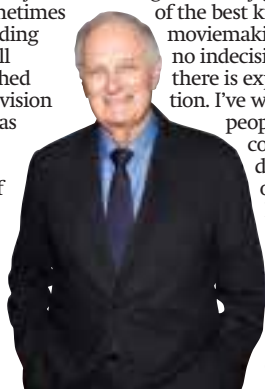
MATT PRIGGE  
@mattprigge  
matt.prigge@metro.us

Alan Alda and Steven Spielberg have a lot in common. For one thing, they've both been involved in work about war that portrays it simultaneously critically and humanely. Spielberg has films like "Saving Private Ryan," while Alda has 11 seasons of "M\*A\*S\*H," which he not only starred in but also sometimes directed, including its finale — still the most watched episode in television history. Alda has a small role in Spielberg's new "Bridge of Spies," which follows an American lawyer (Tom Hanks) trying to negotiate a trade for spies on both

sides of the divide. But that's fine by him. He just wanted to watch a fellow director do his magic.

**Given your interests, it seems like you and Spielberg would travel in the same circles. Had you know him long?**

I bumped into him a couple times socially, but we didn't know each other really. One of the reasons I wanted to do this was I wanted to watch him work. It was really lovely to see. He's so in command of his own work and the whole process of moviemaking. You really get a view of the best kind of moviemaking. There's no indecision, but there is experimentation. I've worked with people who could only do things one way. If the set burned down they were lost. With him it's just an opportunity



[Alan Alda, left, stars with Tom Hanks and Amy Ryan in Steven Spielberg's "Bridge of Spies," in theaters now. JAAP BUITENDIJK; GETTY IMAGES]

nity to make the most of what he has. He started shooting movies in his backyard when he was 10. So did I. But he made "E.T." before I did.

**Both you and Spielberg have portrayed — in very different tones but with the same passion — war in ways that are critical of it and also deeply humanistic.**

It's hard to ignore that. If you take a realistic view of it, there is heroism. There are people looking out for one another. But then there's the destruction of life. It's tragic that humans do that. If all you

do is focus on the heroism, then you don't take into account the danger to ourselves, the loss of feeling secure that you're doing the right thing if

you casually kill people you have nothing against. Somebody put up on Twitter — and I don't remember saying this and I don't know who wrote it — but on "M\*A\*S\*H" someone said that war is hell. But war is worse than hell, because with hell, who goes to hell? The priest says, "The sinners, I guess." But in a way they all get killed — the innocent, the bystanders. Most of them are bystanders who get killed. That sounds worse. War is the only thing you can experience like hell on this side of death. I personally don't believe in hell, but war is worse than what they say hell is.

## Harsh times

"Bridge of Spies" re-creates a period during the Cold War both you and Spielberg probably remember very well. What was it like returning to that scary time?

Some of it is Steven's own experiences as a boy, like filling the bath tub. He told me that came from his life. It's hard to imagine what it was like. I wasn't a kid when you had to learn how to hide under your desk. I was older than he was. But I knew what it was like to hear about it at that time. Now it seems like so far from our experience that it's hard to understand what it was like for those kids who thought they might be incinerated, the way the Japanese kids were only a few years earlier. The pressure was not that they'd fight in some place and die for their country, but that you might disappear in an instant, or have a long, slow, painful death. We saw those pictures of Hiroshima and Nagasaki. It was a terrifying time to be in. People were building shelters in their backyard.

SPECIALIZING IN SURGERY AND AESTHETICS OF THE FOOT

**DOWNTOWN PODIATRY SERVICES**

Cutting Edge Means Less Cutting



**HAMMERTOE CORRECTION**

**1 - 877 - BUNION - 1 • 1 - 877 - 286 - 4661**

www.DowntownPodiatry.com

**MOST INSURANCE PLANS ACCEPTED**

**Downtown**

111 John St., Suite 1450

**Midtown**

315 Madison Ave., Ste. 513

**New Location**

159-05 92nd St., Howard Beach, NY

718-845-0741

**FREE CONSULTATION WITH THIS AD**

ALL PHOTOS OF ACTUAL PATIENTS

## Youthful Looks That Last.

Immediate Correction.

Natural Look.

Lasting Improvement.

BellaFill® is indicated for the correction of nasolabial folds and moderate to severe, atrophic, distensible facial acne scars on the cheek in patients over the age of 21 years.

BellaFill® is a smooth, collagen gel based dermal filler that immediately adds volume to the skin.

**bellafill**

BellaFill® is now  
FDA Approved  
for the correction of  
Acne Scars

Proposed mechanism of action

[Gottfried Lampert, et al., "Anfill" Permanent Injectable for Soft Tissue Augmentation: 1. Mechanism of Action and Injection Techniques, Aesthetic Plast Surg 2010 Jun; 34(3):264-72.]

BellaFill® is indicated for the correction of nasolabial folds and moderate to severe, scars on the cheek in patients over the age of 21 years. Patients who have had a positive reaction to the BellaFill® Skin Test, have a history of severe allergies, have known bovine collagen allergies, are allergic to lidocaine, have bleeding disorders or are prone to thick scar formation and/or excessive scarring should not receive BellaFill®. The safety of BellaFill® for use during pregnancy, breastfeeding, or in patients under 21 has not been established. You may experience temporary swelling, redness, pain, bruising, lumps/bumps, itching, and discoloration at the treatment site. These side effects are usually, transient and typically resolve within 1-7 days. You may experience lumps/bumps/papules that may occur more than one month after injection and that may persist. Less common side effect include rash and itching more than 48 hours after treatment, persistent swelling or redness, lumps/bumps, acne, and increased sensitivity at treatment sites. Infrequently, granulomas may occur and may be treated by your licensed physician provided. Be sure to call your licensed provider immediately if you notice any unusual skin reactions around the treatment area.

For more safety information, please visit our website: www.bellafill.com

Toll-free call (U.S. & Canada): 844.BellaFill (844.235-5234)

Local calls: 858-550-9999 International calls: +858-550-9999

Dr WW Med Spa



Huachen Wei, MD, PhD, MPH, FAAD  
Yan Wang, MD, MS

\*A Bella Diamond Provider & BellaFill Regional Training Center\*

85-16 Queens Blvd.  
Elmhurst, NY 11373

139 Center Street  
#224 NY, NY 10013

Call 718.457.0707 to learn if  
BellaFill is right for you!

www.drwwmedspa.com



**SUNEVA**  
MEDICAL

©SUNEVA MEDICAL, INC. SM1851REV00

# Crazy for you



Rachel Bloom lights up "Crazy Ex-Girlfriend," airing Mondays at 8 p.m. on The CW. GETTY IMAGES

Rachel Bloom makes insanity look good on "Crazy Ex-Girlfriend."



LISA WEIDENFELD  
@LisaWeidenfeld  
lisa.weidenfeld@metro.us

"Crazy Ex-Girlfriend" might be one of the more unusually named programs out there, but star Rachel Bloom says she and creator Aline Brosh McKenna never had any doubts about the title. "It was always 'Crazy Ex-Girlfriend.' It was such a strong title," Bloom says. "We knew it was a musical, and it was called 'Crazy Ex-Girlfriend,' and then we worked back from there."

The result is a show about the unbalanced Rebecca, who spontaneously quits job as a high-powered attorney in New York after running into her high school boyfriend, who says he lives in West Covina, Calif. One short cross-country move later, she's ready for them to fall back in love, and the show explores this concept with the addition of a few well-timed musical num-

bers that are Rebecca's imagination of what the world around her should be.

"We've been tinkering with how much of a theater fan Rebecca is. But I definitely think theater is where her soul resides," says Bloom. Rebecca isn't exactly ready to admit that about herself, however. "I think she's bottled it because she's emotionally stifled. So it's the type of thing where she has Broadway CDs, and when she's alone she listens to them, but she wouldn't tell anybody."

Poor Josh, the guy who dumped her in high school, is in for some big surprises once Rebecca moves to town. "A lot of the tension in Season 1 is going to be why Rebecca tells herself she's in West Covina versus why she's really there," Bloom says, "and those two things are going to start to knock heads more and more." The "Crazy" in the title isn't meant to be taken lightly. Says Bloom, "She's someone who needs help. She absolutely does." While the pilot sees her proudly ditching some meds, that won't be the end of the issue: "We have a whole episode that we're planning that we're going to focus on her depression and her anxiety."

Rebecca isn't a total mess, though. Those attorney skills will still come in handy. "She never really got in touch with herself, but she's really good at her job," Bloom says. "When she goes to West Covina, she's going to be good at her job — so much so that she doesn't even think about it. She's just like, oh, right, XYZ, I'm going to go stalk Josh now," says Bloom.

## What's the craziest thing you've ever done to attract someone's attention?

"This is going to be a boring answer, but the craziest thing I've ever done is lie to myself. I've lied in my own diary, my own Internet journal, where it's like, 'Dear diary, I went to this restaurant tonight just because, like, I dunno, I was craving Thai

food.' Not even admitting to myself, 'No, you went to this restaurant so you could see the guy who works at this restaurant, and you're wearing your low-cut boobie top.' I think the lying to myself is the most pathetic thing I've ever done."

*"She's someone who needs help. She absolutely does."*

Bloom on her character, Rebecca

**Essential**  
Day Spa & Cosmetics Inc.  
www.essential-skin.com

Specializing in  
**Problem Skin**  
Licensed  
Professionals  
First Time Clients Only

Free consultations

**Treat yourself to the gift of beautiful skin; We offer results, not promises!**

**"Body Massage + Facial \$99 • Eyebrow / Eyeliner Tinting \$25 • Ear Candelizing \$50"**

**Diamond Microdermabrasion Only \$50**  
for acne scars, sun damage skin, fine lines, wrinkles, discoloration, blackheads.

**Botinal Wrinkle Treatment Reg \$160 \$125**  
formulated with "Botox® - Like" effect without injection. Effectively reduces the appearance of wrinkles and crow's feet after only one treatment.

**Acne Treatment w/Glycolic Acid Peel Only \$45**  
For oily and blemish skin with excessive blackheads/whiteheads, acne scars and discoloration.

**Back/Chest Deep Pore Cleansing \$75/\$35**

**Deep Cleansing Facial Reg \$75 \$40**  
Deep cleans and refreshes all skin types.

**Brightening Peel Reg \$125 \$75**  
An antioxidant peel that helps to brighten and lighten discolored skin with highly concentrated L-Vitamin C and L-Retinol. All skin types.

**Body Slimming Wrap or Salt Glow Special \$50**  
Sea salt scrub to exfoliate and polish or herbal slimming wrap to move toxins and promote inch loss.

**Back/Chest Glycolic Peel Only \$55/\$30**

247 E. 50th St. 2 FI NYC • Trains: E M to Lexington Ave., 51st-53rd Street  
4 5 6 7 and S to 42nd Street-Grand Central Terminal • Tel: 212-588-8866/212-253-9693

# LEXINGTON MEDI-SLIM

## LESS RESOLUTIONS MORE RESULTS

## LOSE UP TO 12 LBS IN 2 WEEKS

**(866) 939-8829**

113 E. 39th St., New York, NY 10016



@lexingtonmedislim

**LEXINGTONMEDISLIM.COM**





# Northern exposure

Jeffrey Donovan heads to " Fargo " and wrestles with its infamous accent.



LISA WEIDENFELD  
@LisaWeidenfeld  
lisa.weidenfeld@metro.us

We're nearing the point where a Minnesota accent is becoming a little intimidating, thanks to the hard work of the " Fargo " universe. Jeffrey Donovan, best known for his work on " Burn Notice , " appears as Dodd Gerhardt, one of a group of violent brothers trying to keep their organized crime empire afloat.

## How tough is the accent to master?

It was one of the hardest I've ever done. And I had played Bobby Kennedy two years prior in " J. Edgar ."

## How does this season differ from the first one?



Jeffrey Donovan gets tough in Season 2 of " Fargo , " tonight at 10 on FX. CHRIS LARGE/FX

The biggest difference [is] the literal difference, which is it's 30 years prior, late '70s — you know, 1979, after the Vietnam War when corporate commerce started to take over small businesses. I think that's going to show a very specific time in an odd place — you know, Fargo, North Dakota, and Luverne, Minnesota. But I think that the tone and the characters all feel like,

"Oh yeah, I'm in Fargo."

So Dodd will experience that through the lens of his unusual family business.

Oh yeah, and it's a big deal. And it's Dodd's really demented and damaged view on life that will rebel against big corporate America, and you'll see as the episodes come how violent that rebellion will be. Oh, it

gets bad. It gets more vicious and bloody than the first season.

Uh oh, maybe we shouldn't get too attached to Dodd.

You'll see. I don't want to give anything away because it's really good not to know. Because I think when you're going to watch the show, you're like, "Oh no, how did that happen?" There are some sad deaths, where I think the audience will be like, "They can't die! There's no way they just died!"

The Coen brothers do like to play with expectations about who will die.

And you know what's amazing about that? You feel like, "Oh, it could happen to me because it happened to her." It happened to a regular person, and that's what the Coens touch on — the big epic themes, but it feels like it could happen to us.



## Downtown Brooklyn Foot and Ankle Center/Podiatry

PODIATRIST/FOOT SPECIALIST  
Dr JEFFREY ROSENBLATT  
Dr EMMANUEL BUSTOS

Specializing in minimally invasive bunion and hammer toe surgery, fungal nails (laser) and heel pain

408 Jay St, Suite 500, Brooklyn, NY 11201  
718.875.9251 • Drjeffreyyrosenblatt.com

WE ACCEPT YOUR INSURANCE  
Board Certified Medical Professionals

LI location  
543 Hempstead Tpk, W. Hempstead NY 11552 (open Sundays)

SAME DAY APPOINTMENTS AVAILABLE

Call today for appointment

MetroTech Areas convenient to

1 2 3 4 5 6 7 8 9 10

reach over 3.5 million people every month.

to advertise, contact (212) 457-7735 or advertising@metro.us

source: nielsen scarborough 2014-15 r2, adults 18+

metro media

media.metro.us

## \$1 ZOOM! Laser Teeth Whitening

(w/Check-up and Cleaning\*)  
\*covered by your PPO Dental Plan



Up to 12 Shades  
Whiter in just 1 hour

Call (212) 537-6923

Open Weekends and Evenings

30 East 40<sup>th</sup> St. #105  
1 block from Grand Central Station  
Ph (212) 537-6923 • www.Zoomfor1.com



ZOOM!

## Young Adult Internship Program

Earn up to \$2,800

The Young Adult Internship Program (YAIIP\*) provides paid work experience and training to NYC residents between the ages of 17-24 that are not enrolled in school and is unemployed.

## SPACE IS LIMITED



For more info or to apply,  
CPC Brooklyn  
(718) 685-3312  
4101 8th Avenue 4th Floor,

## Receive personal attention from a Board Certified Podiatrist\*

Established in Manhattan for over 25 years

212-750-8344

www.precisionfootcare.com

133 East 88th • Suite 500

NY, NY 10022

email us for an appointment today at  
precisionfootcare@gmail.com



Warts • Nail Issues • Fungal Nail • Ingrown Toenails  
Nerve Pain • Cysts • Custom Inserts • Ulcers

Precision Footcare:  
DR. JOHN JURCISIN

Most Insurance Plans Accepted  
Before work, lunch hour and evening appointments available



FITDANCE™

BRAND NEW FITNESS MOVEMENT!  
FULL-BODY WORKOUT BASED ON LATIN  
DANCE MOVES TO PLAYLISTS BY BEST DJs!

PREMIERS OCT 21ST!

AFROFUNK-FIT™, CHACHA-FIT™,  
SAMBA-FIT™



SIGN UP VIA  
WWW.FITDANCENYC.COM

NEW MEMBERS OFFER:  
"2FOR1" FOR JUST \$24!

## metro.us/horoscopes



**Aries** Relationship woes will prey on your mind. Working on a favorite hobby or attending a cultural or sporting event will be a welcome diversion.



**Taurus** Minor health issues are best dealt with quickly. Someone will try to change your mind when it comes to a career choice.



**Gemini** Trying to do too much at once will wear you down. A younger friend or family member will offer an alternative answer to a personal problem.



**Cancer** Everyone will want to share his or her story with you today. Avoid complainers and whiners if you expect to get any work done.



**Leo** Financial gains look promising if you search for an outlet that supports your innovative ideas. You will learn plenty if you ask for marketing ideas.



**Virgo** Procrastination won't put you in a position to advance. You'll be overlooked if you don't speak up. Act when the right opportunity presents itself.



**Libra** Expect to face emotional challenges. Someone will try to appropriate your ideas or projects and take credit for them.



**Scorpio** Delays in traffic or communications will test your patience. Make sure you have all your documents in order when dealing with agencies.



**Sagittarius** Follow your passion. Participating in a cause that concerns you will put you in touch with like-minded, compatible individuals.



**Capricorn** Broken promises will cause discord. Be true to your word. Complete household responsibilities so you don't end up in a dispute.



**Aquarius** A change in direction is imminent. Group functions will spark your imagination. If you network, you will meet someone impactful.



**Pisces** Someone will ask you for advice. Keep your personal opinion out of the equation and stick to the facts if you intend to make suggestions. **EUGENIA LAST**

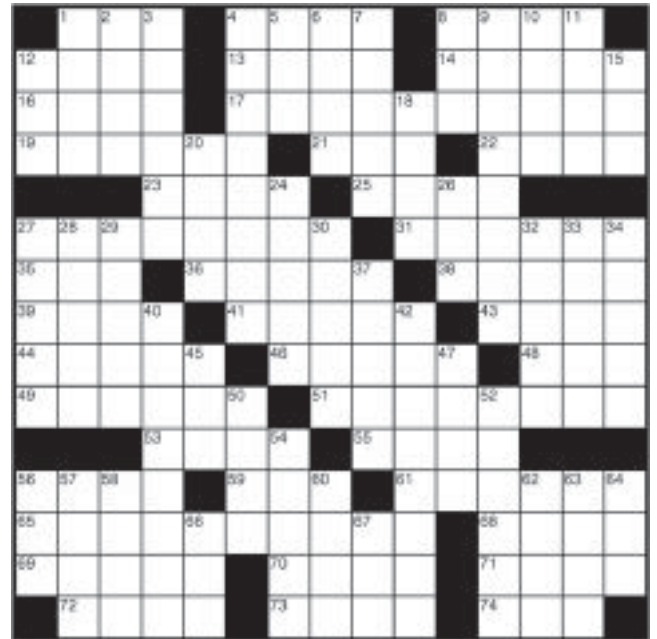
## Across

1 Golly!  
4 Gourmet mushrooms  
8 Cyclist — LeMond  
12 Felt boots  
13 Jai —  
14 Kind of rocket  
16 Impolite sound  
17 Good news for Aspen (2 wds.)  
19 Miner's trough  
21 Villain — Luthor  
22 Acorn droppers  
23 Countess's spouse  
25 The "Elephant Boy"  
27 Doubt  
31 Cave art  
35 Einstein's hometown  
36 Beginning  
38 Toss out  
39 24-hr. tellers  
41 Bicycle parts  
43 Omani title  
44 Thin pancake  
46 Makes a move  
48 Cinnabar, e.g.  
49 Dojo activity  
51 Kind of town (hyph.)  
53 Shankar the sitarist  
55 Rostrum  
56 Exec degrees  
59 MS readers

61 Flairs  
65 Improbable wishes (2 wds.)  
68 People, informally  
69 Fresco base  
70 Baseball family name  
71 Raison d' —  
72 Hockey goals  
73 Bounce along  
74 Shark habitat

## Down

1 Ancient France  
2 Tan shade  
3 Glimpses  
4 Frisking about  
5 "Xanadu" gp.  
6 Ratchet bar  
7 Agrees with  
8 Canine warning  
9 Asset  
10 Sight from Mes-sina  
11 Feel empathy  
12 "NOVA" channel  
15 Cries of pain  
18 Academic hurdle  
20 Roman censor  
24 Fails to place  
26 Urban transport  
27 Phony doc  
28 Extremely  
29 Wheat variety  
30 Cool!  
32 Armadillo's protec-



tion  
33 Dens  
34 Binge  
37 Gallup finding  
40 Most meager  
42 Talks louder (2 wds.)  
45 Depot info

47 Climb a pole  
50 Even once  
52 Inedible oranges  
54 Hunches  
56 Auto info  
57 Well, to Yves  
58 Cathedral part

60 Polio vaccine inventor  
62 Winsome  
63 Sedgwick of film  
64 NNW opposite  
66 Two, in Tijuana  
67 Miss Piggy's word

For crossword answers, go to [metro.us/crossword-answers](http://metro.us/crossword-answers)

metro.us  
/games

## metro.us/sudoku

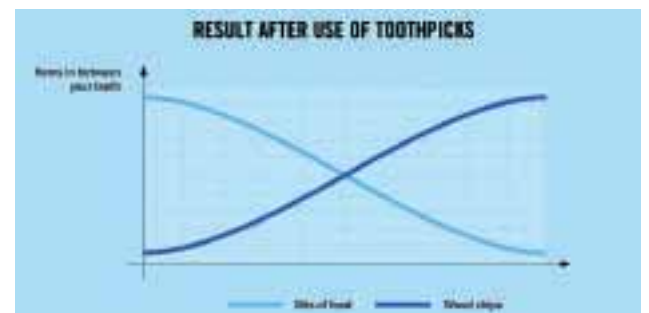
easy

			9			4
4				5	9	8
2		6	4			
	8		9	3	6	1
		7		5		3
	3		7	1	2	8
				8	1	9
9		2	3			7
7				6		

hard

				1		
6	5	1		8	9	4
			5		8	
2	3	1		4		
		8	4	5	1	
		7		9	3	5
8			6			
4	3	8		6	5	9
			5			

## metro.us/truthfacts



TRUTHFACTS.COM BY WULFF &amp; MORGENTHAUER



**metro** As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • Metro New York 120 Broadway, New York, NY 10271 • main 212-457-7790 • to advertise 212-457-7735 • sales fax 212-952-1505 • Associate Publisher Ed Abrams • U.S. Circulation Director Joseph Lauletta • U.S. Marketing Director Wilf Maunoir • email sales advertising@metro.us • email distribution distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • Editor in Chief Frank Burgos, frank.burgos@metro.us • Managing Editor William Gorta, william.gorta@metro.us • National News Editor Morgan Rousseau, morgan.rousseau@metro.us • Web Editor Cristabelle Tumola, cristabelle.tumola@metro.us • Art Director Julianne Aerts, julianne.aerts@metro.us • Features Editor/Style Editor Tina Chadha, tina.chadha@metro.us • TV Editor Lisa Weidenfeld, lisa.weidenfeld@metro.us • Film Editor Matt Prigge, matt.prigge@metro.us • Wellbeing/Going Out Editor Eva Kis, eva.kis@metro.us • Travel Editor Rachel Vigoda, rachel.vigoda@metro.us • Careers/Education/Dating Editor Raquel Laneri, raquel.laneri@metro.us • National Sports Editor Matt Burke, matt.burke@metro.us • Social Media Manager Lakshmi Gandhi, lakshmi.gandhi@metro.us





[metro.us/hip-hop-cop](http://metro.us/hip-hop-cop)



2015 Jamar Nicholas | @detectiveboogaloo | @jamarnicholas

MARLEY SPOON

## WEEKNIGHT COOKING, SIMPLIFIED.

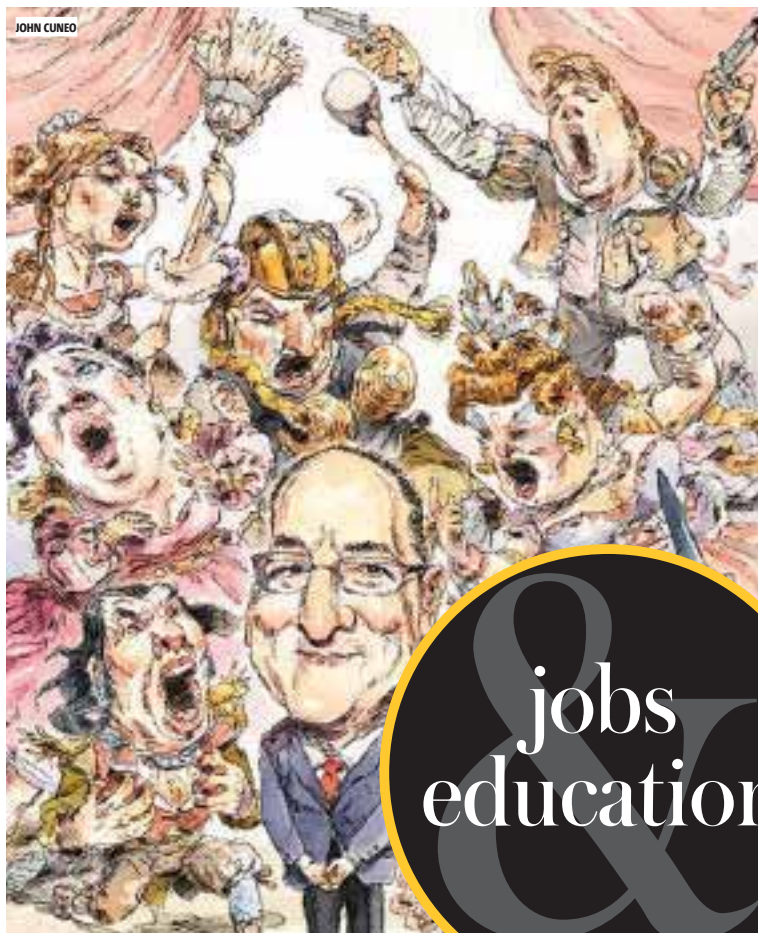
Quality Ingredients. Chef-Designed Recipes. Delivered Weekly.



[MARLEYSPOON.COM](http://MARLEYSPOON.COM)



JOHN CUNEO



HOW TO GET AHEAD

# jobs & education



A preparatory sketch and finished product of a Milton Glaser illustration. MILTON GLASER INC.

# Why failure is important to creativity

A new exhibition explores the virtues of messing up.



RAQUEL LANERI  
@RaquelLaneri  
raquel.laneri@metro.us

"There are very few people in the world who come up with great ideas immediately and go and produce them," says Jim Fitts, visiting professor of graphic design at Mount Ida College, in Newton, Mass. "I'm not sure *anyone* can do that."

Yet Fitts noticed that his graphic design students stopped themselves from coming up with "bad" ideas and outrageous experiments that are so important to creativity and innovation. Which is why he and fellow Mount Ida professor Alison Poor-Donahue organized an exhibition for them called "Permission to Fail," which opens today at the college.

"It's so easy to jump on a laptop these days and start designing, so a lot of younger designers have foregone that old process of blue-sky thinking, doing sketches, doing thumbnails and working through a couple of different concepts before they start to do the final product," Fitts says.

The curators reached out to 50 designers, illustrators and photographers around the world, and 30 have loaned their preliminary notebooks, sketches and photographs, showing the many iterations and detours it takes to come up with something truly great.

Among the biggest participants: Milton Glaser, who created such iconic images as the I Heart NY logo, the famed psychedelic Bob Dylan poster and that groovy, kaleidoscopic last-season "Mad Men" poster.

Yet, failure isn't just good for art: It makes *all* of us sharper thinkers and more agile problem-solvers. And it gives us the ability to actually do stuff, as opposed to letting our fear paralyze us. "Even Leonardo da Vinci [failed] before making his masterpieces — he started out doodling and drawing and working through a lot of different concepts and again," says Fitts. "And that's inspiring to anyone."



Even design legends like Bill Mayer have to work to achieve perfection. BILL MAYER

Work with patients & make a difference!

BECOME A

## Medical Assistant

Train Now!

"I was tired of working the same dead-end job. Mildred Elley changed my life! Financially, I'm no longer struggling."

-Prakai, Medical Assistant, Class of 2014

► Day, Night, Weekend and Online Classes Available!

Classes starting soon! Call to learn more.

**CALL (866) 688-3018**

**MILDRED ELLEY**  
The Power to Change Your Life  
**mildred-elley.edu**

It's time for you to **MOVE UP**

Train Now!

## Earn your degree in Business Management

YOUR FUTURE AWAITS

► Day, Night, Weekend and Online Classes Available!

Classes starting soon! Call to learn more.

**CALL (866) 755-5092**

**MILDRED ELLEY**  
The Power to Change Your Life  
**mildred-elley.edu**

► VA & MYCAA Approved, Welcome Veterans! ► Day, Night and Weekend Classes!  
Convenient Campus Location: 25 Broadway, Floor 16 | New York, NY

Mildred Elley career college • 25 Broadway, Floor 16 | New York, NY • Accredited by ACICS, Approved by ACCES-VR, Approved for VA Education Programs Such as GI Bill & MyCAA  
International Students Welcome • For program details and disclosures including Albany extension site programs visit mildred-elley.edu/disclosures



# What collegians don't know about drinking

Why aren't students better educated about substance-use risks?

According to a survey, college students are less likely than their non-college peers to be warned by doctors about the dangers of substance abuse or alcohol.

Yet young people in college more often report binge drinking or driving under the influence than those who are not in college. That college students aren't being advised about these risks is cause for concern, the researchers wrote in a letter to JAMA Pediatrics.

The results were surprising, says Dr. Ralph Hingson of the National Institute on Alcohol Abuse and Alcoholism, a coauthor of the research letter.

There is compelling evidence that brief screening and intervention in the doctor's office reduces alcohol problems in young people, Hingson told Reuters.

"[But] they don't always happen because providers, physicians, nurses and social workers don't routinely ask every young person about their drinking, drug use or smoking," he says.

Researchers had been following a representative group of more than 2,000 U.S. students in public, private or parochial high schools, starting in 2009 when the students were in 10th grade. They were resurveyed every year through 2012 and 2013, when they were one year past high school graduation.

On the annual surveys, the students answered questions about whether they had seen a doctor during the previous year and if they had been counseled about their drinking, smoking or drug use.

By one year after high school, 42 percent of the participants were enrolled in a four-year college, 25 percent in community college and 33 percent were not enrolled in any college.

About 75 percent of

those in a two- or four-year college said they had seen a doctor during the previous year, compared with 65 percent of those not enrolled.

More than 70 percent of those in every group had been asked about drinking, smoking or drug use, but less than half of those in a two- or four-year college had been advised about the risks of these behaviors, compared with 53 percent to 57 percent of those not enrolled in college.

Among frequent substance users — that is, participants who drank, smoked or used drugs at least six times a month — those who were not in college were more likely to be advised to reduce or stop these activities than those enrolled in college.

Only about 20 percent of participants were advised to reduce or stop their drinking, smoking or drug use, according to the surveys. Meanwhile, more than 30 percent were advised to get more exercise, improve their nutrition or avoid pregnancy or avoid sexually transmitted diseases.

"Despite consistent evidence of the effectiveness of brief alcohol counseling, only a small percentage of young adults are actually receiving brief alcohol counseling from their physicians," says Emily E. Tanner-Smith of Vanderbilt University, who was not part of the study.

In some cases, doctors may be uncomfortable bringing up substance use, but when doctors don't ask about drinking, smoking or drug use "that sends a message" about how important they think the problem is, Hingson says.

The college transition is a key point to target young people with alcohol and drug use interventions, he says.

"Screening and advice regarding health risk behaviors including alcohol and drug use should be part of routine care prior to matriculation," Scott Sheldon says. **REUTERS**



Though college students drink more than their non-college peers, they aren't as well-educated about the risks involved. **CREDIT**

## Invest in your future



Academically rigorous. Amazingly affordable. Truly global.

- More than 100 graduate programs
- An accessible, award-winning faculty dedicated to teaching and research
- Praised by *Washington Monthly* for giving students the "Best Bang for the Buck"

To learn more about Queens College, including visiting our campus, go to [qc.cuny.edu/explore](http://qc.cuny.edu/explore)

**Q** QUEENS  
COLLEGE

**CUNY** The City  
University  
of  
New York

**NYCI** NEW YORK  
CAREER  
INSTITUTE  
established 1941  
The College of Legal & Medical Professions

**Start Your New Career Here!**  
Now in our 75th year, NYCI has helped thousands of men and women launch successful careers.

- Court Reporting
- Closed Captioning
- Paralegal
- Healthcare Management
- Medical Billing and Coding

**OPEN HOUSE**  
Sat Oct 24th 11am-1pm | Wed Oct 28th 11am-7pm

Day, Evening & Saturday Classes  
Degree & Certificate Programs  
Transfer Credits Accepted • VA Approved  
For Enquiries Visit: [www.nyci.edu](http://www.nyci.edu) or Call 212-962-0002

Call **212-962-0002**  
**www.nyci.edu**  
**11 Park Place, NYC**  
Located near City Hall and convenient to reach by:  
1 2 3 4 5 6 A C E J Z R



A variety of students can benefit from online learning, even in middle or high school. **ISTOCK**

More and more people are getting their college degrees online — are high school diplomas next?



**RAQUEL LANERI**  
@RaquelLaneri  
[raquel.laneri@metro.us](mailto:raquel.laneri@metro.us)

In Philadelphia, more than 5,000 students in grades K-12 attend a Pennsylvania cyber charter school. That is, they forgo the brick-and-mortar school for the virtual world, taking classes online.

While more and more people are getting college degrees online, you don't often hear about grade- and high-schoolers doing their learning in front of a computer.

Yet, says Andrew R. Campanella, president of National School Choice Week, these kinds of programs — unlike their higher-ed counterparts, which can sometimes be scams — are all accredited and highly regulated by the state. "It's a great option for students who want to set their own pace, or whose scheduling doesn't allow for a typical 8-to-4, Monday-through-Friday school week," he says.

In cyber schools, all direct instruction is provided online or in a virtual environment. That doesn't mean they can't offer extra-curriculars or other supplemental services at a physical location. "These schools are absolutely required to meet the requirements of a student's individualized educational program for students with disabilities," says DawnLynne Kacer, executive director of the Charter Schools Office in Philadelphia. "They are also able to provide tutoring services in a physical

location, as well as any special programming, so that would be your arts or your music."

The idea of letting a tween or teen take charge of their own education and leave the social environment of the classroom can be, well, scary. We asked Campanella and Kacer which students might benefit from going online.

### The hyper-advanced

There are seventh graders who can perform math at a 12th grade level, but most of them aren't given the opportunity inside the classroom. "I don't know of any K-through-8s in the city that offer calculus," says Kacer.

In the past, advanced students would have been bused to the nearest high school or college for classes, taking time away from other subjects. Online learning can allow advanced students to take courses more suited to their level without such hassle.

### The student who excels at one subject but struggles in another

Sometimes a student who can do calculus at age 12 can struggle with reading "To Kill a Mockingbird" or other books that are often assigned at their grade level. Picking and choosing different classes at various grade levels is

one of the upsides of an online education, both challenging the student in the subjects that she finds too easy and giving her extra attention in those with which she struggles.

### The extracurricular enthusiast

Students who are on certain professional tracks — whether to be an Olympic athlete, a concert violinist or an actor — have to miss a lot of school because of travel, work or training.

"It's logistically difficult for these students to be in the same school building Monday through Friday," says Kacer. Cyber learning may give students who might otherwise be constantly missing school and being intermittently in touch with their teachers the stability and flexibility they need to complete their education.

### The person with an inconsistent schedule

Then there are the students who because of an illness, a sick relative, a family problem or a job can't make it to school because of more immediate responsibilities, last-minute emergencies or other commitments. Instead of being punished for missing yet another day, they can do their schoolwork on their own time through taking courses online.

- Creating Success Stories Since 1968 -

## GET THE CAREER YOU DESERVE

**2+2**

**BACHELOR DEGREE  
TRANSFER PROGRAM**

- COLLEGE DEGREES (16 MONTHS)
- CERTIFICATE PROGRAMS (8 MONTHS)
- NEW COURSES EVERY 8 WEEKS
- LIFETIME JOB PLACEMENT ASSISTANCE
- STATE & FEDERAL FINANCIAL AID AVAILABLE to those who qualify



**LIBI** LONG ISLAND BUSINESS INSTITUTE  
The College for Career Education

**H.S.  
GRADUATE  
SCHOLARSHIPS  
AVAILABLE**

visit  
**www.libi.edu**  
for more information

**MANHATTAN**

**212-226-7300**

408 Broadway, New York, NY 10013

**QUEENS**

**718-939-5100**

136-18 39th Ave. Flushing, NY 11354

For consumer disclosure, please visit [www.libi.edu](http://www.libi.edu) & click on the Consumer Information link.



# Top of the order lifts Mets

The Mets got early production from the heart of their batting order and seized a 2-0 series lead with Sunday's win.



EVAN MACY  
@evan\_macy  
evan.macy@metro.us

The Mets got off to a fast start and didn't look back, tallying four runs early, all produced by their top four hitters en route to a 4-1 Game 2 victory in the NLCS.

Noah Syndergaard pitched very well into the sixth before letting the Mets bullpen do the rest, giving New York a commanding series lead, as the pen set up Jeury's Familia to shut the door and clinch an impressive win.

David Wright slammed a double deep to center in the first to get the Mets on the board early, plating Curtis Granderson. Red-hot Daniel Murphy added an exclamation point (to the first inning), blasting



Daniel Murphy (2 for 3, 2 RBI HR and BB Sunday) has been the Mets' go-to guy on offense all postseason long. GETTY IMAGES

a two-run homer off Cubs ace Jake Arrieta to put New York up 3-0 all before a second out was even recorded in the game.

The Mets added to their lead with a little small ball, manufactur-

ing a fourth run after a Granderson stolen gave Yoenis Cespedes an RBI opportunity. He seized it with an infield single to put New York ahead 4-0 (though they would strand two at the end of

the third).

Chicago mounted its first real threat in the top of the sixth, with Dexter Fowler reaching on a single and advancing to second on a wild pitch. The Cubs took advantage

as Kris Bryant hit a deep double to left field to get the North Side boys on the board, trailing 4-1 (and knocking Syndergaard out of the game in the process). Jonathan Niese came out of the

## Clash of the starters

A quick look at how each of Game 2's starters fared, two of the best hurlers in the entire NL:

- **Jake Arrieta, Cubs:** 5 innings pitched, 4 earned runs allowed, 4 hits allowed, 8 strikeouts
- **Noah Syndergaard, Mets:** 5.2 innings pitched, 1 run allowed, 3 hits allowed, 9 strikeouts

bullpen to strike out Anthony Rizzo to minimize the damage.

Now leading the series 2-0, the Mets have kept their home-field advantage. No matter what happens in Chicago later this week, New York will have the opportunity to close out the series at home, if need be.

Only three teams have ever come back from a 2-0 deficit in the ALCS or NLCS (the 1985 Royals and Cardinals, the 2004 Red Sox). The Cubs hope to be the fourth when things swing to the midwest Tuesday.

# Ivory shines as Jets roll over 'Skins

The Jets improved to 4-1 on the season and will face the rival Patriots next Sunday.



TONY WILLIAMS  
@TBone8  
sports@metro.us

The Jets came off their bye week rested and re-charged — and needed every bit of that energy early on — as they toppled the Redskins, 34-20 Sunday.

Led by a strong rushing attack and an opportunistic defense that forced Washington to wilt in the second half, the Jets (4-1) have proven themselves to be a legitimate player in the AFC playoff race.

Washington (2-4) just couldn't get anything going offensively, especially on the ground, as it was smashed, 221-34, in rushing yards. That ineffectiveness forced quarterback Kirk Cousins



The Jets are right in the mix in the AFC East alongside the Patriots. GETTY IMAGES

(25 of 43 for 196 yards, one touchdown, and two interceptions) to make plays through the air, and that proved to be the downturn for a Washington offense that is built on the run.

## 1 Mr. Everything

The Jets may be under a new regime, but they evoked the old ground-and-pound philosophy when they centered their game-plan around the versatile Chris Ivory. The multifaceted running back had 146 rushing yards on 20 carries and a touchdown, and chipped in three catches for 50 yards on three targets. Ivory was a tone-setter for the Jets, as he helped the offense outgain Washington, 474-225. It was the first time Ivory notched consecutive 100-yard rushing performances.

## 2 Second-half team

They might've played sleepily in the first half,

but the Jets came out of the halftime locker room roaring, out-scoring Washington, 17-0, in the third quarter. New York forced two turnovers in the stanza to take command of the game, as it got touchdowns by wideout Brandon Marshall and quarterback Ryan Fitzpatrick — the highlight featuring the former who bullied Washington's secondary. Fitzpatrick hooked up with Marshall on a beautiful 35-yard touchdown when he beat cornerback Bashaud Breeland. Fitzpatrick also showed his wares as a runner when he scampered for 18 yards for the score, immediately following a Darrelle Revis interception. The sequence was a microcosm for Washington which played their customary part of third-quarter patsies, as the continued their trend of being outscored in that quarter. They've now been outpaced, 34-0, in that quarter.

## 3 No 'mo Geno

It's already been established that this is Fitzpatrick's team going forward, but if there was any hope the veteran would relinquish the starting gig, it was doused on Sunday. Fitzpatrick has been a calming influence on offense, and is on pace to statistically have one of the franchise's top-five seasons ever. He finished 19 of 26 for 253 yards, two touchdowns, including spreading the ball to six different targets, and was so tuned in that he would've also been the leading rusher on Washington, as he added 31 yards on the ground. He threw a pick — an impressive individual play by Breeland — but even when Washington kept things close and challenged, Fitzpatrick coolly kept the offense composed and led four scoring drives (three touchdowns) in the second half.

# 3 Things to watch for as Giants invade Philly Monday night

The Giants will look to gain some division separation when they face the Eagles.

TONY WILLIAMS  
@TBone8  
sports@metro.us

The Giants had an extra day to prepare for their bitter NFC East rivals, the Philadelphia Eagles, and they certainly needed it considering how beat up they are.

As many as 11 players made the injury report this week, meaning there may be a lot of unfamiliar names having important roles on Monday (8:30 p.m., ESPN). That could be a daunting task for the Giants (3-2), as the Eagles (2-3) are coming



Odell Beckham Jr. had 14 receptions total in two games against the Eagles last season. GETTY IMAGES

off a 39-17 Week 5 win over the New Orleans Saints in which they finally pieced together a complete game.

## 1 'NEXT MEN' ARE UP

Head coach Tom Coughlin often likes to spout his "next man up" mantra, and tonight may be the most accurate use yet this season. Their injury report is as lengthy as it's been all season — and that's not even counting the usual suspects like wideout Victor Cruz and defensive end Jason Pierre-Paul. Among the key names on the injury report are cornerback Prince Amukamara (pectoral) and linebacker

Devon Kennard (hamstring), who are both out for this game. Other banged-up players include defensive end Robert Ayers Jr. (hamstring), linebackers Jonathan Casillas (calf) and Jon Beason (concussion), cornerback Trumaine McBride (illness/groin), and wideout Odell Beckham Jr. (hamstring).

## 2 GET AT SAM

The Giants are bracing for Philadelphia's breakneck pace, so it's imperative they disrupt that timing and uptempo attack by applying as much pressure as possible on quarterback Sam Bradford. That's a very attainable goal considering the Eagles' signal

caller has been dumped seven times this season and the offensive line has struggled to maintain consistency. Bradford has also shown a penchant for giving up big plays this season, as last week he threw two red-zone interceptions in the first half alone.

## 3 START FAST

Philadelphia scorched the Saints for 39 points, but that might've been an aberration as it was 15 more points than their next closest 2015 output. During their two wins, they were up at the half, 24-7 and 10-7, respectively, but in their three losses they totaled just three points in the first half.

## metro CLASSIFIED DIRECTORY

To advertise please contact 866-900-9473 or [Newyorkclassifieds@metro.us](mailto:Newyorkclassifieds@metro.us)

## MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751 or email [peter.blankenstein@metro.us](mailto:peter.blankenstein@metro.us)



Have you been diagnosed with Schizophrenia, Schizoaffective or Delusional Disorder?

We are looking for volunteers between the ages of 18-68 years old interested in participating in a weekly research study.\*

Please call: (347) 931-0248

\*up to \$400.00 in compensation for participation.

## acria HIV Research Study

### HIV POSITIVE?

- ✓ Are you 18 years of age or older?
- ✓ No AIDS-defining events in the last 3 months (must have CD4 >200).
- ✓ History of at least 6 months on antiretroviral treatment and be failing or have recently failed (i.e., in the last 8 weeks) therapy.
- ✓ Viral load >1,000 copies/mL and documented resistance to at least 1 ARV medication from each of 3 classes.

If so, you may be able to participate in a clinical study with an investigational drug combined with OBR treatment.

Participants will be reimbursed for their time and travel.

Call (212) 924-3934 ext. 134

For more information

Are you depressed. NYSPH IRB Approved

Is your memory not what it used to be?

Is your energy low?

If yes, free treatment may be available

This is a research study for individuals ages 60-95 who are depressed. If eligible, you may receive:

- ✓ A Free Medical Evaluation and
- ✓ Up to 12 months of Free Expert Treatment from Columbia University faculty

If interested, please call (646) 774-8652  
Locations include Upper Manhattan and Columbia University Midtown offices

## GRADE Type 2 Diabetes Study

GRADE is a research study investigating what is the best combination drug treatment for type 2 diabetes.

To be eligible, you must:

- Be at least 30 years old,
- Have been diagnosed with type 2 diabetes for less than 10 years,
- Use metformin as your only diabetes medication.

Qualified subjects will attend 4 clinic visits a year for about 4.8 years and receive a monetary stipend as well as diabetes care, FDA-approved diabetes medications, supplies, physical exams and lab tests free-of-charge.

To learn more about the GRADE Study, please contact: The Clinical Pharmacology Program at 212-523-4171

## Icahn School of Medicine at Mount Sinai Mood and Anxiety Disorders Program

### Do you suffer from depression?

- Feeling sad or down
- Feeling hopeless or worthless
- Feel like crying
- Changes to your appetite
- Having difficulty making decisions
- Can't sleep or concentrate
- Having low energy
- Just don't enjoy things the way you used to

You may be eligible to participate in a depression research study if you:

- are between the ages of 21-65
- have not taken antidepressants or any medications for another psychiatric disorder within the last two weeks
- do not regularly smoke
- have not recently abused drugs or alcohol
- have no history of bipolar disorder or schizophrenia

Researchers at Icahn School of Medicine at Mount Sinai are looking for adults with depression to participate in research studies. Benefits may include a medical evaluation, MRI scan, and monitoring for your depression. Participants will receive monetary compensation for their time.

For more information, please call 212-241-7906 or email [marin.kautz@mssm.edu](mailto:marin.kautz@mssm.edu)

GCO 12-0607 IRB approved through 12/26/15



## LIVING with HIV? Are Alcohol and Drugs a PROBLEM FOR YOU?

You may qualify for a FREE and CONFIDENTIAL Research TREATMENT Study

If eligible, you may receive a smartphone and up to \$220 in gift cards depending on level of participation

Contact the Substance Dependence Research Group at The New York State Psychiatric Institute

646-774-7949



metro **CLASSIFIED DIRECTORY****LEGAL SERVICES**

To advertise, call Thomas Franke at 212-457-7840  
or email [thomas.franke@metro.us](mailto:thomas.franke@metro.us)



To advertise please contact 866-900-9473 or [Newyorkclassifieds@metro.us](mailto:Newyorkclassifieds@metro.us)

**SPA & MASSAGE**

To advertise with Metro, email Peter Blankenstein  
at [peter.blankenstein@metro.us](mailto:peter.blankenstein@metro.us)

**EXPERIENCED BANKRUPTCY ATTORNEY**

Fast Chapter 7 (+) 13 Relief \*Main Office in Manhattan\*

**LAW OFFICE OF WILLIAM WALDNER**

- Stop Foreclosure/eviction
- Stop Repossession

(212) 244-2882

1 block from Macy's

[midtownbankruptcy.com](http://midtownbankruptcy.com)

\*Get out of Taxes, Student Loans, Garnishments

**GET OUT OF ALL DEBT**

- Free Consultation • Payment Plans
- Save Your Lease

\*Attorney Advertising \*Debt Relief Agency



**EAST VILLAGE SPA**  
347-925-0034  
84 E10TH ST

**EAST SPA**  
10AM-1AM  
216 E49TH ST  
212-832-3333

**Sexy**  
Latin Ladies Available for Massages.  
51st/2 Ave.  
**347-659-4868**

**INJURED?**

- ✓ Slip and Fall
- ✓ Nursing Home abuse
- ✓ Accidents
- ✓ Dog Bites
- ✓ Product Liability

Call Now: 212-393-9130

FREE CONSULTATION • NO WIN NO FEE

[www.Fight4Injury.com](http://www.Fight4Injury.com)

Feiner & Lavy, P.C. Attorneys at Law  
325 Broadway, NY NY 10007

Attorney advertisement

Español العربية

**EXPERIENCED IMMIGRATION ATTORNEY****LAW OFFICE OF WILLIAM WALDNER**

File for Asylum • Stop Deportation Today • Green Card

212-335-0403 \*Se habla Español\*

ACCEPT:



\*1 Block Away From Macy's Penn-Station\*

[midtownimmigration.com](http://midtownimmigration.com)

\*Attorney Advertising



**ABSOLUTE DIVORCE**  
Hablamos Español  
80 Broad St., 5th Floor, NY, NY 10004  
917-470-9661 | 212-504-2985  
[www.absolutedivorceinc.com](http://www.absolutedivorceinc.com)

STARTING AT \$249 + court fees

Must bring in ad

**BANKRUPTCY ATTORNEY**

Bankruptcy Only • Specializing in Chapter 7 • Low Fee • One Fee for All Installments • Personal Attention • Free Consultation

**Jay Simon • 718.222.4619**

32 Court Street, Suite 805, Brooklyn

*Fresh Start with Heart*

**DIVORCE \$199**  
**1-800-414-0333**

[TheDivorceCenter.com](http://TheDivorceCenter.com)

Spouse's Signature Not Needed

Don't Be Fooled By Imposters

Plus Court Fee - Without Children - With This Ad

EXPIRES 10/31/2015

**FIRED?**  
**212-286-1425**  
**OWED OVERTIME?**

LAW OFFICE OF WILLIAM C. RAND

488 Madison Ave., Suite 1100, New York, N.Y. 10022

**metro CLASSIFIEDS**

To place an ad call 866-900-9473  
or visit us at [www.metro.us](http://www.metro.us)

DEADLINE: 2 BUSINESS DAYS PRIOR  
TO PUBLICATION AT 4 PM.

**LEGAL NOTICES****SPIRITUAL HEALER ANNA**

**Finally there is a born gifted healer you can trust...**

She has over 40 yrs exp. She will know the causes of your problems without asking any questions & knows how to solve them, reveal names of enemies, reunite lovers, stops divorce, cure sickness, help childless couples, bring success to business, jobs, exams, etc.

**If Anna cannot help you no one can! She is superior to all others.**

She is one of the only certified Spiritual healers.

**Reading by Phone First Reading Free**

**MARRIED COUPLE**

Someone had wished  
I wouldn't marry the man  
I love... Thanks to Anna  
we are now happily married!

**HUSBAND & WIFE**

Our business was failing, we had no hope  
until my husband called Anna for help. A few  
days later we started to see amazing results!

**FAMILY**

We have been married for  
six years and had no children.  
Thanks to Anna we now have  
two healthy kids.



**347-368-2424**

**WORLD RENOWNED POWERFUL SPIRITUALIST & HEALER****PANDITH: PAVAN**

Today is your day to let go of All Negative things

**I AM THE KEY TO YOUR SUCCESS**  
**EXPERT IN READING PAST PRESENT • FUTURE**

Solves Problem Like  
Depression, Love, Job, Money, Business,  
Jealousy, Husband & Wife, Blockage etc.

**I WILL REMOVE & DESTROY, BAD LUCK, WITCHCRAFT, OBEAH, JADOO, VODOO, BLACK MAGIC, PERMANENTLY**  
Worrying is wasting energy on the things you  
can't control Leave everything in my hand  
**RESULTS BETWEEN 3/9 DAYS**

**646-461-0874**

Richmondhill, NY-11419, (Pvt Home/office)

NOTICE IS HEREBY GIVEN that a license, 1289117, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 15-24 College Point Blvd., College Point, NY 11356 for on-premises consumption. Pitallas I Corp.

NOTICE IS HEREBY GIVEN that a license, Number 1289297, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law, at 345 East 6th Street, New York, NY 10003, for on-premises consumption. Edwin & Neal's LLC.

NOTICE IS HEREBY GIVEN that a license, Number 1288423, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant Industry Educational

**metro CLASSIFIEDS**  
To place an ad call 866-900-9473

NOTICE IS HEREBY GIVEN that a license, Serial # 1289418, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 7 East 53rd St., New York, NY 10022, New York County, for on premise consumption. PQ 53rd Street Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1289609, for On Premises License has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 170 Allen Street, New York, NY, for on-premises consumption. Mr. Taka LLC.

**metro CLASSIFIEDS** To place an ad call 866-900-9473  
or visit us at [www.metro.us](http://www.metro.us)

## LEGAL NOTICES

**NOTICE OF FORMATION** of Michaelangelo Enterprises, LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on July 9, 2015. Office location: Queens County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 109-0111th Street, South Ozone Park, NY 11420. Purpose: Real Estate investments.

**NOTICE OF FORMATION** of VIP REI LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on July 9, 2015. Office location: Queens County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 109-0111th Street, South Ozone Park, NY 11420. Purpose: Real Estate investments.

**NOTICE OF FORMATION** of PRCD Ventures LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on 05/27/2015. Office location: Nassau County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 805 Home Street, Elmont, NY 11003. Purpose: Real Estate.

**NOTICE OF FORMATION** of Phoenix Investigative Network LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on 08/19/2015. Office location: Kings County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 2983 Bedford Ave., Brooklyn, NY 11210. Purpose: Investigations and Security.

**NOTICE OF FORMATION** of MSM 1220 LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on 02/11/2015. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 301 East 47th Street, #20N, New York, NY 10017. Purpose: any lawful act or activity.

**Notice of Formation** of 37AVE PROPERTY MANAGEMENT LLC. Articles of Organization filed with the Secy. Of State of New York (SSNY) on 09/22/2015. Office location: Queens County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to 37-10 37th Ave., Unit 3J, Flushing, NY 11354. Purpose: Any lawful activity.

**NOTICE OF FORMATION** of William Figueroa Fitness and Recreation, LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on Aug 11, 2015. Office location: Kings County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 1409 St. Johns Place, Apt. 9, Brooklyn, NY 11213. Purpose: Any lawful activity.

**NOTICE OF FORMATION** of Gustave Group, LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on 08/26/2015. Office location: Bronx County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 2830 Grand Concourse, Apt. 3E, Bronx, NY 10458. Purpose: any lawful activity.

**NOTICE OF FORMATION** of Offsite REIT LLC. Articles of Organization filed with the Secy. of State of New York (SSNY) on 05/22/2015. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 1872 Lexington Ave., #108, New York, NY 10035. Purpose: any lawful activity.

## ITEMS WANTED

**CASH FOR DIABETES TEST STRIPS** - Up to \$35/box! Payment Made SAME-DAY We Receive Your Strips! Call Jenni for a Quote Today! 888-413-3479 www.CashForYourTestStrips.com.

## JOB

### General Help Wanted

The Volunteer Referral Center

### Ready to Volunteer? Lets Go!

VRC has helped New Yorkers find great volunteer opportunities for 25 years!

- Expert Placement • Personal Service •
- Free Service •

Call for an interview or sign up online:  
212-889-4805  
www.volunteer-referral.org

**VRC** 161 Madison Avenue, Suite 5SW  
(between 32nd and 33rd)  
5th Floor, New York, NY 10016

### NEWSPAPER PROMOTERS

Part-Time  
Monday-Friday

Work Outdoors  
in All Weather

Contact:  
**718-788-9482**  
**888-737-6397**

**\*\*ACTIVIST JOBS!\*\***  
Work with Grassroots Campaigns on behalf of one of the nation's leading organization to stop LGBT bullying. Fight Hate Groups. Teach Tolerance. Seek Justice. Earn \$12-\$16 p/h. F/T and P/T Available. CALL Max @ (212) 219-1502

**Hiring for Full-time Crew Team Lead Multiple Openings No Experience Necessary - Full Training Provided 40 + hours/week Customer Service and Sales Experience a Plus, but not required. What we provide: \*\*Full Training \*\*Growth Opportunities Available \*\*Hourly Pay + Commission \*\*Recognition and Incentive programs Call 718-210-3639**

### Healthcare

**Preferred HOME CARE** is now hiring

### NOW HIRING HHAs

Are you a certified HHA? Looking for a great job with great pay, flexible schedule, and benefits?

- Great Pay • Flexible Schedules
- Medical Insurance
- Vacation & Sick Days
- Special Rates for Live-Ins
- HHA Training Available

**Come visit our NEW Forest Hills location and get a FREE gift!**

**Join us at our Open Houses!**  
Call NOW for more information, 212-941-9035  
Monday-Friday 9am-4pm at the following locations:  
• 1267 57th St, Brooklyn, NY  
• 118-35 Queens Blvd, Ste 400, Forest Hills, NY  
• 1370 Broadway, Suite 533, NY  
• 5223 Broadway, 2nd floor, Bronx, NY  
[jobs@preferredhcnyc.com](mailto:jobs@preferredhcnyc.com)

**metroCLASSIFIEDS** To place an ad call 866-900-9473 or visit us at [www.metro.us](http://www.metro.us)

### Education

### AMERICAN MEDICAL CAREER TRAINING CENTER

150-28 HILLSIDE AVENUE JAMAICA NY 11432

Established since 1993  
Licensed by New York State Education Department

- C.N.A State Board Testing Onsite
- Excellent Passing Record
- The Key to Financial Stability
- Employment Opportunities in Nursing
- Homes, Hospital & Medical Offices

**COME JOIN US TODAY FOR MEDICAL CAREER TRAINING IN:-**

- Medical Assistant • Pharmacy Technician
- Medical Laboratory Assistant
- Physical Therapy Aide
- Nurse Assistant/ Aide (CNA)
- Patient Care Technician (PCT)
- Phlebotomy Technician
- Electrocardiography Tech.

**DAY, EVENING & WEEKEND CLASSES**  
**EZ PAYMENT PLAN AVAILABLE**

Call Today: 718-739-6768 / 718-657-1562  
Close to all Public Transportation -J, L, E, M, R, F Trains, Alsto Q110 BUS

## HIGH SCHOOL DIPLOMA

If you're 18 or older you can complete your high school education at home right now in as few as 2 months

**212-967-7010**

469 7th Ave, 7th Floor  
(Btwn 35th & 36th Street)

Liberty H.S. Brattleboro, Vt.

### REAL ESTATE

#### Rooms for Rent

#### Manhattan & Bronx Rooms



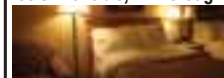
Private rooms in apt. Fully equipped. Start 150 wif/cable included. Move same day! • (212) 862-0030

#### All Manhattan/Bronx



Furnished Rooms For Rent! Cable/Internet Ready! Move In Today! All utilities Inc. Starting Just \$125/wk. Call Us Now: (212) 368-2685

#### 100's Available, All Boroughs



Private Entry Bath Cooking 1 Person/2 Person \$125wk/up room rentals Studios \$900/up 212-697-3598

### REAL ESTATE

#### Rentals

**Apartment for Rent**  
Queens, Forest Hills/Rego Park. Huge 3 Bed, 1 ba for rent in Private House. Walking distance to train/rail. Student OK. Util included. Only pay elec. \$2500. Call Mayram Realty Z, Inc. # (718) 268-9214

### SERVICES

### REDUCE YOUR

#### CABLE BILL!

Get an All-Digital Satellite System installed for FREE and programming starting at \$19.99/mo. FREE HD/DVR upgrade for new callers, **SO CALL NOW 877-356-0526**

**metroCLASSIFIEDS**

To place an ad call 866-900-9473 or visit us at [www.metro.us](http://www.metro.us)

**IMPORTANT INFORMATION:**  
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.



**CAREER TRAINING****PEST CONTROL SCHOOL & SERVICES**

8 DAYS/N.Y. STATE APPROVED,  
CERTIFICATION & RECERTIFICATION IN BED BUGS,  
TERMITES, STRUCTURAL, FOOD PROCESSING &  
LANDSCAPING

**BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS**

**1(800) 220-5494 or (718) 205-0557**

pestcontrolschoolny.com | pestmanagementsciences@yahoo.com



# **JOB**

## **We Train & Place!**

**New Media Production (Audio & Video)**

**PCT • HHA • Medical Asst EKG/PHLE/Pharm Tech**

**CNA FREE Training if eligible**

**A+, BA, QA, SAP - Solar Tech etc**

**Call: 718-263-0750**

**STUDENTS VISAS @ LOW COST**

On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY

**WWW.ACCESSQUEENS.COM**

**US Vets  
Call  
Now**

### **Access Careers, Brooklyn**

#### **Are You HHA? Upgrade to CNA/PCT!!!**

- \* Medical Assistant
- \* Nurse Aide (CNA)
- \* EKG & Phlebotomy
- \* Patient Care Tech
- \* Physical Therapy Aide
- \* Pharmacy Tech
- \* Cosmetology.....New Program
- \* Esthetics.....New Program



**Call Now: 866-487-5432**

**www.AccessCareers.Edu**

25 Elm Place, # 201, Brooklyn, NY 11201

- \* Licensed by NYSED
- \* Onsite State & National Examination
- \* Short, Fast Track Morning, Evening & Weekend Classes
- \* Easy weekly Payment Plans

### **WORLD RENOWNED POWERFUL SPIRITUALIST & HEALER**

#### **PANDITH: PAVAN**

**Today is your day to let go of All Negative things  
I AM THE KEY TO YOUR SUCCESS  
EXPERT IN READING PAST PRESENT \* FUTURE**

**Solves Problem Like**

**Depression, Love, Job, Money, Business,  
Jealousy, Husband & Wife, Blockage etc.**

**I WILL REMOVE & DESTROY, BAD LUCK, WITCHCRAFT,  
OBEAH, JADOO, VODOO, BLACK MAGIC, PERMANENTLY**

**Worrying is wasting energy on the things you  
can't control Leave everything in my hand  
RESULTS BETWEEN 3/9 DAYS**

**646-461-0874**

Richmondhill, NY-11419, (Pvt Home/office)

**PSYCHICS**

**PROFESSOR  
SHEIKH  
SPIRITUAL  
HEALER &  
CLAIRVOYANT**  
40 YEARS EXP.

Specialize in Relationship &  
Love, Black Magic, Bad Luck,  
Business, Job Exams, Divorce,  
Court Cases, Immigration,  
Etc... Seek help from  
Prof. Sheikh 3/7 Days Results.

**646.891.7809**

**646.239.4298**

**www.psychicoumar.com**

### **AFRICAN ADVISOR & SPIRITUALIST**

**MR SHEIKH SALEEM,  
6TH GENERATION OF  
AFRICAN MEDIUM CAN  
HELP YOU OUT OF DESPAIR,  
SEVEN DAY RESULTS**

Love specialist, Reunite lovers even  
hopeless cases, Business success,  
Release from spell, Clear Negativity,  
Strong Voodoo, Black Magic, Court  
issues, Family problems, Drugs, Careers,  
Exams, Gambling, Luck, Protection,  
Impotency/Infertility & more.

**917-254-6647**

116TH/7TH AVE

**www.africanmedium.com**

### **ASTROLOGER PSYCHIC & SPIRITUAL HEALER GOVINDA SWAMY**



**PANDIT IS AN EXPERT IN  
REMOVING BLACK MAGIC, SPELL,  
EVIL SPIRITS, VODOO, OBEAH,  
CURSE, EVIL EYE, SICKNESS  
FAMILY PROBLEMS, JOB, MONEY  
DEPRESSION, LOTTERY  
BAD HABITS, CHILDREN PROB.  
"EXPERT IN BRINGING LOVED  
ONES BACK"**

**FREE READING ON EVERY MONDAY**

**Quick Results in 3 Days**

**718-530-8905**

107-10 131ST, RICHMOND HILL, NY 11419 (Pvt Home)

### **MOST POWERFUL & SUCCESSFUL SPIRITUALIST FROM INDIA**

**PANDIT  
KUMAR**  
All Nationalities Welcome

**EXPERT IN READING PAST  
PRESENT \* FUTURE**  
Solves Problem Like Depression,  
Love, Job Money, Business,  
Jealousy Husband & Wife Blockage etc.

**I WILL REMOVE & DESTROY  
BAD LUCK, WITCHCRAFT,  
OBEAH, JADOO, VODOO &  
BLACK MAGIC PERMANENTLY**

**REMOVING YOUR  
PAIN IS MY GOAL**

**347-740-2798**

104-12 115 STREET, RICHMOND HILL, NY 11419

Mr. SAIDOU  
International Spiritualist  
Medium & Psychic

Over 40 yrs exp. Bring  
back loved ones in the  
Quickest Way, Stop  
Infidelity, Business  
Success, Exams &  
Career, Black Magic  
Specialist, Clear  
Negativity, Bad Luck,  
Protection, Sexual  
Problems etc. Results in  
7 Days Guaranteed.

Call 516-206-8543  
and 646-339-9948

### **POWERFUL AFRICAN SPIRITUAL READER**

Highly gifted and  
powerful, spiritual healer  
fluent in English  
and French

All matter of life issues,  
Personal growth guidance  
and charity in finance,  
love, career,  
black magic and more.

**CALL MR TASLIM AND GET HELP**

**917-385-9382**

**PSYCHICS**

### **REMOVING EVIL SPIRITS & BLACK MAGIC GURU LAXMAN**



**ALL RELIGIONS WELCOME**

**PAST, PRESENT & FUTURE**

**READINGS:**

**HEALTH, RELATIONSHIP, MONEY**

**JOB, BUSINESS, CHILDREN**

**PROBLEMS.**

**ALL KIND OF PROBLEMS**

**WILL BE CLEARED**

**BRINGING LOVED ONES BACK**

**347-741-4159**

DOWNTOWN BROOKLYN NY

### **WORLD FAMOUS ASTROLOGER & SPIRITUALIST**

**PANDIT: RAMAN SHASTRY**



**Are you disappointed  
meeting astrologers &  
not getting solutions  
then meet once.**

\* Marriage Problems \* Business Problems

\* Spiritual Problem \* Money Problems

\* Sexual Problems \* Family Argument

\* House Problems \* Love Problems

\* Worried about loved one \* Enemy Problems

\* Husband Wife Problems \* Jealousy

**REMOVAL OF BLACK MAGIC  
OBIYA, VODOO, EVIL SPIRITS  
FOREVER. HAVE A PEACEFUL LIFE**

**347-341-2541**

103-02 Lefferts Blvd.

S.Richmond Hill

NY 11419 (Private House)

**SHERIF GUINEAN  
SPIRITUAL & ADVISOR  
OVER 37 YEARS EXP.**

Bring back loved ones in the  
quickest way. Depression,  
Love, Marriage, Money,  
Success in Exams &  
Business, Stop Infidelity,  
Clear Negativity, Court  
Cases, Jealousy, Blockage,  
Etc. Will remove Bad Luck,  
Witchcraft, Black Magic,  
Obeah, Root, Voodoo &  
Jadoo Stop enemies and  
offer protection!

**RESULTS in 3 to 7 days!**

**446.338.9719**

**www.psychicethio.com**

**SERIGNE**

Spiritual Reader & Coach Bring  
back loved one, stopped infidelity  
in Relationship, marriage, fixed  
Domestic, issues, job, success in  
business, court case, removed  
bad luck, witchcraft, black  
magic. Stop enemy & offer  
protection. FAST RESULTS  
SpiritualRestore.com  
**917-679-1518 or  
646-590-9495**

**metroCLASSIFIEDS**

To place an ad call 866-900-9473  
or visit us at **www.metro.us**

### **ASTROLOGER PSYCHIC**

**ALL NATIONALITIES WELCOME**



**375 YEARS JUNGLE  
GENERATION ASTROLOGER**

**PANDIT  
RAM RAJ**

**HE CAN HANDLE, REMOVE & VODOO  
DESTROY BLACK MAGIC & KARMA**

**\* HEALTH PROBLEM**

**\* JOB PROBLEM**

**\* SEX PROBLEM**

**\* LOVE PROBLEM**

**\* BAD LUCK**

**\* JEALOUSY**

**\* DEPRESSION**

**\* NEGATIVE ENERGY**

**929-330-8339**

120-19 LIBERTY AVE.,

SOUTH RICHMOND HILL, NY 11419

(BIPOC PRIDE FASHION SHOP)

**DURGA MATA ASTROLOGER**

**PANDIT:**

**GURU RAGHVENDRA**



**RIGHT Psychic,  
RIGHT Decision**

**Palm & Face Reading, Horoscope**

**PRIVATE & CONFIDENTIAL**

**Solutions & Advises**

\* Marriage \* Job \* Business

\* Spiritual \* Love \* Bad Luck

\* Sexual \* Court \* Jealousy

\* Family \* Enemy \* Evil Spirits

\* Money \* Jadoo \* Voodoo

**100% Removal of Black Magic &  
Gives Holy Protection**

**718.916.0310**

**347.238.7227**

120-07 Liberty Ave

Richmond Hill NY 11419

**AFRICAN MEDIUM AND  
PSYCHIC**

**MR KALLO**

**OVER 37 Years EXPERIENCE**

**LOVE MASTER: REUNITE**

**LOVERS, MARRIAGE, COURT,**

**BUSINESS, DEPRESSION, BOND**

**FAMILIES, STRESS REMOVAL,**

**BAD LUCK, NEGATIVE ENERGY**

**JADOO & VODOO AFRICAN**

**OCCULT SCIENCES.**

**QUICK RESULTS**

**100% GUARANTEED**

**BY APPT ONLY**

**CALL NOW**

**929.280.7307. Or.**

**718.622.0709**

# **metroCLASSIFIEDS**

**To place an ad call  
866-900-9473**

**or visit us at  
www.metro.us**

**DEADLINE: 2 BUSINESS  
DAYS PRIOR TO  
PUBLICATION AT 4 PM.**



If you can carry  
**\$1,577**  
per month!\*

And have \$6,997 Down! Then you can own a new home in the Poconos!

IT'S THE SMART MOVE! EVERY WEEK, MORE NEW YORKERS ARE  
DECIDING TO OWN, RATHER THAN RENT!

All Classic Mainline Homes include land, up to 4 bedrooms, 2½ baths, garage, living room, dining room, complete appliance package, Central Air and Heat, landscaping, and a host of features, including permitting, driveway and well -- all included in the purchase price!

THE COUNTRY HOME -- A Classic Mainline Home



Now **\$199,900**

2,684 SQ. FT. • LARGE OPEN FOYER

**\$6,997 DOWN PAYMENT**

<sup>\$1,577\*</sup> per month pays all including principal, interest, taxes and insurance!\*

THE HOMESTEAD -- A Classic Mainline Home



now **\$277,000**

3,392 SQ. FT. • 4 BR PLUS SPACIOUS LOFT

**\$9,695 DOWN PAYMENT**

<sup>\$1,954</sup> per month pays all including principal, interest, taxes and insurance!

Choose from Classic's Complete Line of Brand New Homes in the Poconos!

IN THE POCONOS! • EXPRESS COMMUTER BUSES (4 per hour) 90 mins to NYC!

Buy a home now - Get up to \$5,000 toward Closing Costs!

Call toll free

**1-800-  
276-4000**



**CLASSIC  
QUALITY HOMES**

Visit our all-new website: [www.classicqualityhomes.com](http://www.classicqualityhomes.com)

Or text: cqh to 411669 to get text updates about our Home Buying Incentive programs



\* Monthly payments based on FHA 30 yr. fixed interest rate of 4.5% with 5% APR with a finance cap of \$271,000. Lower rates may apply to qualified buyers. All numbers are estimated. Conventional mtgs. also available. Figures quoted above on Cambridge model based on conventional 30 year mtg.





**Avoid the:**

**PAIN.  
FEVER.  
CHILLS.  
MISERY.**

**Get the flu vaccine today.**

**Call 311 or text “FLU” to 877877 or go to [nyc.gov](http://nyc.gov) and search “FLU”  
to find out where you can get the vaccine.**

Message and data rates may apply. Text **STOP** to quit, **HELP** for more information. For Terms of Use and Privacy Policy, visit [nyc.gov/health](http://nyc.gov/health).



Bill de Blasio  
Mayor  
Mary T. Bassett, MD,  
MPH  
Commissioner



**Avoid the:**

**PAIN.  
FEVER.  
CHILLS.  
MISERY.**

**Get the flu vaccine today.**

**Call 311 or text "FLU" to 877877 or go to [nyc.gov](http://nyc.gov) and search "FLU" to find out where you can get the vaccine.**

Message and data rates may apply. Text **STOP** to quit, **HELP** for more information. For Terms of Use and Privacy Policy, visit [nyc.gov/health](http://nyc.gov/health).

**NYC**  
Health

Bill de Blasio  
Mayor  
Mary T. Bassett, MD,  
MPH  
Commissioner